

# ASIAN JOURNAL

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## CANADA'S 1ST TURBANED COP ANNOUNCED CHAIR OF ORG PROMOTING HEALTHY WORKPLACE IN BRITISH COLUMBIA



**Surrey:** Baltej Singh Dhillon, the first turbaned Sikh officer in the Royal Canadian Mounted Police (RCMP), has been appointed Chair of WorkSafeBC's board of directors, making him the first South Asian to hold the top post. Dhillon, a member of the Board since 2017, was appointed for a three-year term effective June 30 after an announcement by Minister of Labour, Harry Bains, last week.

"Baltej was a veteran police officer who brings expertise in law enforcement and six years of experience as a director at WorkSafeBC. He will be committed to WorkSafeBC's role in investigating serious workplace incidents to prevent similar incidents from happening again," Bains said in his announcement. The WorkSafeBC is a pro-

vincial agency dedicated to promoting safe and healthy workplaces across British Columbia.

Dhillon retired from the police force in 2019 after a three-decade-long career working in intelligence, special enforcement, protection services, and in investigations for the 1985 Air India bombing task force and the Pickton case. He made history by being the first RCMP member to wear a turban as part of the uniform, and also received Queen Elizabeth II Golden and Diamond Jubilee medals for community service.

"I am excited to begin working as chair with my fellow board members and WorkSafeBC staff to continue making progress in improving the workers' compensation system to meet the needs of workers, employers and

others throughout the province," Dhillon said.

Dhillon immigrated to British Columbia in 1983 at the age of 16. Dhillon studied criminology and applied to the RCMP in 1988 where he refused to abide by the dress code of the time, which banned turbans and required clean-shaven faces.

In March 1990, after months of protests, the Progressive Conservative government of Prime Minister Brian Mulroney announced several changes to the RCMP dress code, which included freedom to keep beards and wear turbans for Sikhs.

The WorkSafeBC board of directors is appointed by the British Columbia minister of labour. The board members serve as stewards of WorkSafeBC and the workers' compensation system.

## RCMP charge men in alleged human trafficking operation forcing woman to work



**Swift Current:** Saskatchewan RCMP have charged two men in an alleged human trafficking operation involving forced labour.

Mounties say investigators learned of a woman forced to work long hours, seven days a week at various restaurants across the province.

RCMP say when the woman wasn't working, she was allegedly forced to stay in an unfinished concrete basement that was dimly lit and heavily water damaged.

Mounties say the woman was staying in Canada on a visitor's permit and had been given a working permit after applying for a restaurant job online. Police allege her

employers threatened they would take her permit away or call police if she did not comply with the demanding work schedule.

Police have charged Mohammad Masum of Tisdale and Sohail Haider of Elrose each with one count of trafficking a person. Masum also faces three counts of sexual assault. The men are scheduled to appear in Rosetown Provincial Court on July 13.

RCMP say there may be more people affected and the investigation continues.

The woman has been provided with supports, including protections under the province's Human Trafficking Act.

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## New Belleville Terminal will boost tourism, jobs on Vancouver Island

A new, modern Belleville Terminal and an improved travelling experience for ferry passengers took a significant step forward as the Province approved funding for a redevelopment project. “The new facility we’re building is going to generate hundreds of new jobs and hundreds of millions of dollars in additional visitor spending over the coming decades,” said Rob Fleming, Minister of Transportation and Infrastructure. “A modern pre-clearance terminal will make travel more convenient for tourists, while enhancing security and trade between Vancouver Island and Washington state, improving Vancouver Island’s tourism sector and boosting regional business investment.”

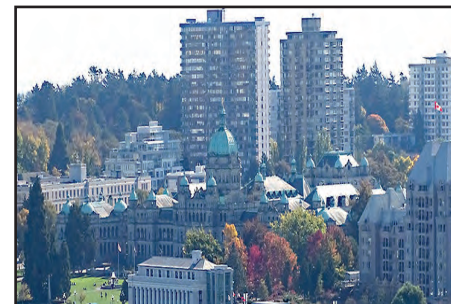
With an approved budget of \$303.9 million, the project is expected to be completed in time for the 2028 tourism season. The federal government has confirmed \$41.6 million for the project. The Province is also in discussions with ferry operators Black Ball Ferry Line and FRS Clipper to determine their respective involvement in the project. Procurement will begin in the coming weeks.

“By investing in a premier international gateway terminal that meets modern safety and security standards, our government will help grow British Columbia’s economy and ensure a prosperous and sustainable future,” said Randy Boissonnault, federal Minister of Tourism and Associate Minister of Finance, on behalf of Dominic LeBlanc, Minister of Intergovernmental Affairs, Infrastructure and Communities. “This project will welcome global tourists and business travellers into the heart of Victoria’s inner harbour with world-class service while creating good-paying jobs and facilitating the movement of goods.”

The upgrade will bring Belleville Terminal into compliance with the Canada-U.S. Land, Rail, Marine and Air Transport Preclearance Agreement. Using pre-clearance, travellers will complete the U.S. customs and immigration process in Victoria and enjoy the convenience of disembarking in the United States with no further delays.

As an international gateway for goods, services, and passengers, the new terminal will help drive regional and provincial economic growth. Travelers spend approximately \$174 million annually, generating \$268 million in economic output and \$155 million in provincial gross domestic product. Belleville Terminal is on the territory of the Lekwungen peoples and the Songhees and Esquimalt Nations. The Province is working collaboratively with the Songhees and Esquimalt Nations to identify opportunities to showcase the cultural and geographical significance of the project’s location in Victoria’s Inner Harbour and welcome visitors into Lekwungen territory.

The project will incorporate the highest energy-efficiency and resiliency standards for a changing climate. The new all-electric terminal building will include mass-timber components and renewable materials to reduce green-



house gas emissions and mitigate site contamination, meeting LEED Gold standards and supporting government’s CleanBC emissions-reduction commitments.

#### Quotes:

##### Chief Ron Sam, Songhees Nation –

“Songhees Nation’s partnership in the Belleville Terminal redevelopment project opens a door of immense opportunities and growth for our community. This partnership is not just about physical space, but about fostering cultural exchange, economic empowerment and community development. It is an affirmation of our shared commitment to build bridges, honour our heritage and create a better future for our people, and together, we will harness the power of collaboration and create a vibrant space that celebrates our traditions, uplifts our voices and nurtures the well-being of our Nation.”

##### Chief Rob Thomas, Esquimalt Nation –

“We are pleased to be partnering with British Columbia and Canada in this exciting project. The Belleville Terminal is located on one of the village sites of the Lekwungen people. Our inclusion in the design, construction and operation of the new terminal is evidence of the critical role our Nation plays and will play in the future development of the Victoria area. It is a long-overdue acknowledgment of our existence and our rights, and we look forward to jointly building a better future for all residents within our traditional lands”.

##### Lana Popham, Minister of Tourism, Arts, Culture and Sport

“Visitors from around the world come to B.C. to enjoy our world-class tourism offerings and many of them arrive in Victoria by ferry via the Belleville Terminal. The redevelopment of the terminal is just one way our government is working with our tourism partners to enhance visitors’ experiences, create more opportunities for people working in this sector and include new ways for Indigenous communities to share and showcase their culture and artistry in B.C.’s tourism sector.”

##### Marianne Alto, mayor of Victoria –

“This is a transformational project that delivers on council’s priority for our city’s economic health and community vitality. Our immense thanks to both the provincial and federal governments for their investment in critical infrastructure supporting diverse tourism and service jobs across the region.”





## Record breaking wildfire season will continue to burn hot for months: officials

**Ottawa:** Canada's record-breaking wildfire season will continue to be abnormally intense throughout July and into August, Natural Resources Canada projected Thursday, posing a greater threat to the safety and health of communities across the country. The wildfire season has been unusually severe this year, breaking historical records on the amount of land burned and affecting communities that are unaccustomed to dealing with the flames and smoke.

"The risk of forest fires is going to remain very high," Michael Norton, director general with the Canadian Forestry Service, said at a briefing on Thursday.

Atlantic provinces and eastern Quebec are expected to see more normal conditions in August, but other parts of the country can expect the severity forecast to be well above average, projections show.

The forecasts are based on anticipated high temperatures, dry conditions and historical comparisons, Norton said.

The flames have threatened critical infrastructure and forced evacuations while the prolonged exposure to smoke has created potentially dangerous conditions, particularly for people with pre-existing health concerns.

The months of intense fires spread out between British Columbia and the Atlantic provinces has also stretched Canada's firefighting capacity, and the government has called in 3,258 international firefighters to help over the course of the season.

Despite the ongoing challenge, Norton said the government is confident they'll be able to sustain the number of firefighters needed until the flames die down.

Canada surpassed the known



historic record for total area burned by wildfires in one season on June 27, with months of hot weather still to come.

The number of fires has more than doubled since that month, from 323 active fires at the beginning of June to 656 this week.

Some 88,000 square kilometres have burned as of July 5. Put together the burned land is be larger than the size of Lake Superior, and nearly 11 times the average amount burned by that date over the past 10 years.

More Canadians have been evacuated from their homes this year than in the last four decades, with more than 155,000 forced to leave due to fire and smoke.

Earlier in the season, the majority of fires were thought to have been caused by human activity, but since June 1 almost three in four fires are confirmed to have been started by lightning.

Emergency Preparedness Minister Bill Blair said he expected this season would be difficult when it began months earlier than typically anticipated, calling the weather projections at that time "sobering and concerning."

Long and intense fire seasons have become more common in Canada, however, and the minister said climate change is to blame.

"I would not want to suggest that this is the new normal," he said at an online press conference Thursday.

"Given the difficult conditions, the concerning conditions that persist right across many parts of the country, I think it's very important that Canadians be aware of their risk, that they take the steps that are necessary to prepare."

The risk isn't only to communities threatened by nearby fires, but also from the smoke that can travel great distances and settle over communities for days at a time.

The smoke can be particularly dangerous for people with heart and lung conditions, and Health Canada recommends people stay indoors in well-ventilated areas when the air quality is poor.

For most people, though, overheating can be worse than breathing smoke, said chief public health officer Dr. Theresa Tam.

"If you did not have air conditioning and it's too warm to stay inside with the windows closed, seek out a local cooling or clean air space," she advised.

"If you must spend time outside, consider using a well-fitted respirator type mask, like an N95, to reduce exposure to the fine particles from wildfire smoke."

Provincial and federal governments haven't tallied up the costs associated with this fire season yet, but expect the final figure will be considerable, given the record-breaking conditions.

"I believe the cost of this one will be as high as this event has been extreme in its impact across the country," Blair said.

By Laura Osman  
The Canadian Press

## Two Canadian women and three children on way home from detention camps in Syria



**Ottawa:** Two women and three children who were temporarily missing in Syria after failing to board a repatriation flight to Canada in April are finally on their way home.

The women and children were among a group of 19 people Canada agreed to bring home from Kurdish-operated prison camps in northeastern Syria in January.

They have been held for years at displaced persons camps in a region now controlled by the Kurdish-led Syrian Democratic Forces.

The other 14 people arrived in April but these women and children failed to show up for the flight and neither their lawyers nor the Canadian government knew what happened for several days.

One of their lawyers later said the women and children had been detained by Kurdish guards and not allowed to travel to board the plane at that time.

Ottawa lawyer Lawrence Greenspon, who reached the agreement earlier this year to bring home the 19 women and children from Syria, said their return now is very good news.

"I have spoken to their families here in Canada and they are over the moon, delighted and just overjoyed," he said.

Greenspon said there is a possibility the women will be arrested when they land in Canada.

The federal government arrested and sought peace bonds against three of the four women who returned in April.

"It wouldn't be a surprise if they sought peace bonds against either one or both of these two women," said Greenspon.

The federal government is currently in talks with lawyers representing the three women arrested in April over the conditions that would be put in place under peace bonds for them.

In May, the Federal Court of Appeal overturned a decision four Canadian men held in Syrian camps were entitled to Ottawa's help to return home.

Greenspon says the matter will be pursued at the Supreme Court of Canada.

A small group of civil society members that includes Sen. Kim Pate is expected to travel to the region in late August to visit the four men in hopes of helping to repatriate them.

Greenspon says the two women and three children returning this week gives the delegation going to northeastern Syria a bolstered foundation demonstrating Canada can repatriate its citizens from the region.

The delegation will also include Alex Neve, former secretary general of Amnesty International Canada, and Scott Heatherington, a retired Canadian diplomat.

By David Fraser  
The Canadian Press

## Former national chief calls for investigation into potential federal interference

RoseAnne Archibald is calling for an independent investigation into potential government interference into the Assembly of First Nations a week after she was ousted as national chief.

Archibald was voted out last week during a special chiefs assembly that also dealt with a

human resources investigation related to complaints AFN staff filed against her.

In a Facebook video, Archibald alleges the investigation is a coverup for what is really happening within the First Nations advocacy organization. She says the AFN has become a tool for the federal Liberal

government and called for supporters to write to Conservative Leader Pierre Poilievre and NDP Leader Jagmeet Singh to ask for an investigation into interference.

Hundreds of First Nations chiefs will be gathering in Halifax next week for the AFN's annual general assembly.



## Airbnb wins Vancouver privacy ruling, as court quashes order to release host data

Vancouver housing activist Rohana Rezel has had a beef with Airbnb and the City of Vancouver for years, and a B.C. Supreme Court ruling this week means there's no end in sight.

Rezel had made Freedom of Information requests to the city in 2019, seeking information about the hosts of short-term rentals. But the city and the company resisted, saying it could harm property owners, and make them susceptible to violence and even stalking.

British Columbia's Information and Privacy Commissioner agreed in part, but ordered the city to release information to Rezel including "licence numbers of individuals on the Airbnb platform, home addresses of all hosts in the City; and the licence numbers associated with those addresses."

Airbnb objected to the city releasing the information and sought a judicial review in B.C. Supreme Court last year.

This week, Justice Jasvinder Basran sided with the company, ordering the privacy commissioner to reconsider its decision, and notify hosts whose information is at stake.

For Rezel, Airbnb hosts in Vancouver are "a select group of people to run a business in such



secrecy."

He said he wanted to uncover information about short-term rentals because people should be able to know if they've been evicted to make way for an Airbnb, and they should know if they're living next to one.

"I've been helping a lot of people who've been evicted to make way for Airbnb and a lot of the times people don't even know that the reason that they have been evicted is because of Airbnb," Rezel said in an interview on Thursday.

"People suspect that, but they have no way of knowing that for sure and they would come to me and (have) to use indirect means to figure that out."

Rezel said the City of Vancouver's reluctance to release information about hosts and their short-term rentals makes it dif-

ficult to prove a wrongful eviction.

"Now imagine if this data was publicly available," he said. "Then if you get an eviction notice, three months later you can look this up and you can see well, they evicted me, but then they applied for a license."

Airbnb this week won its case to have Rezel's request reconsidered, but the activist had no involvement in the case, identified only as a "John Doe Requester."

He said the company had sought costs involved in the judicial review, which he wouldn't have been able to cover if he'd participated.

An affidavit submitted to the privacy commissioner by the city had described social media posts that were "obscene, aggressive, and threatening" toward operators of short-term

rentals, to demonstrate the potential harm from releasing the information.

The judge's decision says the privacy commissioner wrongly classified home addresses as business information rather than personal information since Airbnb hosts run home-based businesses in their principal residences.

The privacy commissioner's finding that licence numbers "are personal information, but principal residence addresses are not, is confounding," Basran wrote.

"The latter has a much closer connection to the personal lives and details of the hosts. (Short-term rental licence) numbers, hosts' principal residence addresses, and the acknowledged ability of anyone to find the names of individual hosts, in and of itself, constitutes the disclosure of a wide range of personal information," the ruling states. "Taken cumulatively, it would enable the discovery of a treasure trove of personal information."

Rezel said he was disappointed by the ruling, which means he'll have to wait even longer to see if he can access information about short-term rentals in Vancouver in the midst of a housing crisis.

## Attacker 'has limited memory' of deadly B.C. mass stabbing, can't give motive: lawyer

New Westminster:

The man who stabbed a woman to death and injured several other victims outside a library in North Vancouver, B.C., two years ago has "limited memory" of the attack and cannot offer a motive, his lawyer said on Thursday.

Defence lawyer Georges Rivard told a B.C. Supreme Court sentencing hearing that Yannick Bandaogo accepts responsibility and "the intention was there" during the attack, but the 30-year-old cannot explain what led to it — despite a desire for answers among victims and their families.

Bandaogo, 30, pleaded guilty to murder, several charges of attempted murder and one count of aggravated assault over the March 2021 mass stabbing.

At Thursday's hearing, Crown and defence lawyers jointly proposed that Bandaogo receive a sentence of life in prison with no chance of parole for 15 years, although Justice Geoffrey R.J. Gaul may still decide on a different term.

Bandaogo was originally scheduled to read a written statement Thursday, but Gaul pushed it to Friday.

The judge said it's possible but not likely he'll

deliver a sentencing decision Friday, as he needs time to take in all of the victim impact statements.

Crown attorney Daniel Loucks told Thursday's hearing in New Westminster that Bandaogo had a criminal record for threatening to stab two strangers in Winnipeg in 2020, as well as assault charges in Quebec. Rivard said Bandaogo had personality traits that may have been "augmented" by drug use, and two psychiatric tests done after the attack determined him to have anti-social and aggressive tendencies.

Rivard told the court his client had a troubled childhood, saying Bandaogo started using drugs at age 12 and was involved in drug and weapon trafficking until age 17.

After that, he said Bandaogo went into boxing to escape his past, but fell back into drugs, starting to use crystal methamphetamine at age 23 and eventually developing a dependence.

Victim impact statements concluded Thursday, with the mother-in-law of the lone victim killed in the attack calling Bandaogo a "monster" who stole from her son a life with the woman he loved.

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## B.C. health registry expansion aims to connect patients with family doctors: minister

### B.C. RESIDENTS CAN NOW REGISTER THEMSELVES AND THEIR FAMILIES

**Victoria:** British Columbia is expanding a registry program provincewide in an effort to connect more patients with available family doctors, Health Minister Adrian Dix said Wednesday. The New Democrat government's expanded Health Connect Registry, which launched July 1, aims to make it easier for B.C. patients to get a family doctor or nurse practitioner in their community by signing up for a primary-care provider, he told a news conference.



Dix said he's not making promises about the numbers of people who will find doctors, but progress will be measured and regular public updates will be provided starting this fall. "This gives patients a place to go when they need a family doctor," he said. "It allows us to understand, not just in survey terms, the challenge, but also to assist people and families in their desire to get a family doctor." The number of people without a family doctor

in B.C. has declined to about 895,000 from 980,000 in 2021, but the number is still too high, said Dix.

"I don't make predictions," he said. "I'm hopeful that we make progress."

Dix said the registry gives the B.C. government a list of people looking for family doctors, people who have family physicians, as well as providers and clinics accepting new patients.

B.C. residents can now register themselves and their families, Dix said, while doctors and nurse practitioners will join the platform and upload their patient roster.

"This, of course, will give us together the ability to connect more patients with more doctors and more nurse practitioners in the future," he said.

Recent government programs to attract and retain family doctors in B.C. through a new fee model have attracted

3,300 sign-ups, while 156 new family doctors have registered for a new practice incentive program, said Dix.

The new model developed by the province and Doctors of BC, representing B.C.'s 14,000 physicians, residents and medical students, took aim at the family doctor shortage by addressing challenges in the fee-for-service system, the minister said earlier this year.

Family physicians were forced to become business people, which is especially unappealing to many younger doctors, he said at the time.

The new model sought to reduce the administrative burden family doctors face, he said, allowing them more time with their patients and compensating them for spending extra time, especially with patients who have complex needs.

By Dirk Meissner  
The Canadian Press

## Victims of fatal 2021 B.C. library stabbing describe shattered lives at sentencing

**New Westminster, B.C.:** Victims of a stabbing spree and their relatives told a British Columbia Supreme Court sentencing hearing how their lives were shattered two years ago by the deadly attack in and around the Lynn Valley Library in North Vancouver, B.C. Yannick Bandaogo, 30, pleaded guilty to second-degree murder and several attempted murder charges earlier this year.

Several victims spoke before Justice Geoffrey R.J. Gaul at Wednesday's hearing in New Westminster, including the mother of the lone victim killed in the attack.

The woman said her daughter was "fearless" and "gentle," and her death had destroyed their family.

"We're left merely to exist," the woman told the court.

The victim's father held his wife throughout the testimony, occasionally glaring at Bandaogo,



who was seated in the back of the courtroom. Neither the young woman who died in the attack nor her relatives can be identified due to a publication ban on the victim's name.

Another victim, Emma Henderson, told the court she was a university student who was getting coffee to "reward" herself between school assignments when she was attacked outside the library.

By Chuck Chiang  
The Canadian Press

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**A**rms can you raise both?

**S**peech is it slurred or jumbled?

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## ਸਟ੍ਰੋਕ ਦੇ ਸੰਕੇਤਾਂ ਨੂੰ ਜਾਣੋ

**F**ace ਚਿਹਰਾ: ਕੀ ਚਿਹਰਾ ਹੇਠਾਂ ਨੂੰ ਢਿਲਕ ਰਿਹਾ ਹੈ?

**A**rms ਬਾਹਵਾਂ: ਕੀ ਤੁਸੀਂ ਆਪਣੀਆਂ ਬਾਹਵਾਂ ਉੱਪਰ ਨੂੰ ਚੁੱਕ ਸਕਦੇ ਹੋ?

**S**peech ਗੱਲ-ਬਾਤ: ਕੀ ਤੁਹਾਡੀ ਗੱਲ-ਬਾਤ ਅਸਪਸ਼ਟ ਹੋ ਰਹੀ ਹੈ?

**T**ime ਸਮੇਂ: ਸਮੇਂ ਦੀ ਅਹਿਮੀਅਤ ਸਮਝੋ - ਬਟਪਟ 9-1-1 'ਤੇ ਫੋਨ ਕਰੋ।

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# Sneakers of the House: Canada's MPs embrace comfort, style in office footwear trend

Ottawa: You won't catch Omar Alhabra in a pair of Jordans.

The federal transport minister has been loyal to the Adidas brand ever since he was a kid playing soccer in Saudi Arabia.

"Adidas was the shoe of choice for kids in the late '70s and early '80s," Alhabra said. The ones known as the "originals" black with three thick white stripes down the sides were "a big deal."

That nostalgia is what drives his current sneaker collection, which often turns heads when strolls through the corridors on Parliament Hill, or attends a G7 meeting, where his counterparts comment on his kicks. "Positively of course," he said.

He also wants to make one thing clear: he's not a sneakerhead, but an "Adidas-head," which is the kind of thing only a sneakerhead would say. This fascination with the history and specific mod-

els of sneakers has driven what is now a multi-billion-dollar reselling industry, and created a sneaker culture that has now made its way into the workplace, normalizing a less formal, and less painful, kind of footwear in the office. Even the highest office.

During a Liberal caucus retreat in January, Prime Minister Justin Trudeau wore the Nike Dunk Low SB 'Los Angeles Dodgers' shoe, with pink on the outsole that represents chewed up bubble gum that players bite. At the time, he said they were a gift from his son who, "like his mother, is much cooler than I am."

And no, he doesn't have the Montreal Sesame Bagel Dunk, a Nike shoe styled after the food famous in the city that elected him to the House of Commons.

Some credit the rise of sneakers on the Hill to Alhabra. He said he started wearing them as a comfortable alterna-



tive during the COVID-19 pandemic, while at the same time realizing he's breaking the norm. But that's the point.

"Wearing of sneakers is more about breaking tradition than perpetuating it," said Elizabeth Semmelhack, director and senior curator of the Bata Shoe Museum in Toronto.

Throughout the late 19th century and into the 20th, men with white-collar jobs were all expected to wear the same outfit, said Semmelhack.

Then came the concept of "casual Fridays," she said, where men, for just

one day a week, would reveal a little bit more about who they were in their private lives.

Next up was the emergence of the tech sector, she said, where innovators could basically wear "playground attire and be the most powerful men in the room."

"Sneakers allow both men and women to participate in fashion," she said. "They aren't hyper-sexualized and can appear cutting-edge and fashionable."

Conservative deputy leader Melissa Lantman said she's always worn sneakers to work, and that includes the House of Commons.

Lantman's favourite sneakers are Jordan 1 Mids, which she said she gets for a cheaper price because she fits into kids' sizes.

She said the wardrobe of female politicians is always subject to scrutiny. But she said clothes have the power to give people confidence.

More so when they're

comfortable, she added. Plus, she said, it makes her more approachable.

"There's a new kind of politician. People wear sneakers in their lives, and showing up in the riding in a park in a suit doesn't work," said Lantman.

For women politicians, sneakers, unlike heels, can carry an added symbolic meaning, Semmelhack said, in that it shows they're hitting the ground running, or ready for action.

"It's the equivalent of a man who had removed his jacket and rolled up his sleeves," said Semmelhack, noting U.S. Vice-President Kamala Harris portrays that image when she wears her Converse sneakers.

Back in Ottawa, women MPs, including Finance Minister Chrystia Freeland, are often seen scurrying from one meeting to another, but then switch them out for a pair of heels when the cameras are rolling.

That doesn't work for Liberal MP Lisa Hepfner, who gave up heels after spending years wearing them as a broadcaster in Hamilton.

"I can't even wear them for a few minutes," she said.

Hepfner seeks out comfortable, inexpensive and sparkly sneakers. For that extra comfort, she puts Birkenstock insoles into everything she wears.

Security guards on Parliament Hill have told her they can identify her by her shoes, she said, even before they see the pin that MPs wear on their lapels.

For government House leader Mark Holland, sneakers are a form of expression.

"They just feel like me," Holland said.

"We're in Parliament, we're appropriately wearing suits and dressing for the business that is to be done," he said.

By Mickey Djuric  
The Canadian Press

## Fire damages Syrian tent home of detained Canadian mother and children: advocate

Ottawa: A Canadian mother struggling to leave a Syrian detention camp with her six children was dealt another setback this week when a fire damaged their tent home, an advocacy group says.

The woman from Quebec and a number of her children were treated at a clinic after the fire, which started in the tent's kitchen area, said Alexandra Bain of the group Families Against Violent Extremism.

"The mom is in really bad shape in terms of being able to communicate or function," Bain said in an interview.

"My understanding is she's quite distraught."

The family is among the many foreign nationals in Syrian camps and prisons run by Kurdish forces that reclaimed the war-torn region from the extremist Islamic State of Iraq and the Levant.

Bain has spoken with the family's neighbours in al-Roj camp, and said

she informed Global Affairs Canada of the fire. Global Affairs told The Canadian Press it cannot comment on specific cases due to privacy considerations.

Bain, whose organiza-

tion helps families with loved ones caught up in violent extremist groups, has been in regular touch with the woman for months. However, she has not heard directly from her since the fire.

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## Canadian government drops ads on Facebook, Instagram as Meta promises to block news

**Ottawa:** The federal government will stop advertising on Facebook and Instagram, Heritage Minister Pablo Rodriguez announced Wednesday, as tensions rise between the Canadian government and tech giants. The decision came after Meta promised to block Canadian news content on its Facebook and Instagram platforms in response to Canada's recently passed Online News Act. The new law will require tech giants pay media outlets for content they share or otherwise repurpose on their platforms. Rodriguez blasted Meta for choosing not to negotiate with the federal government and instead

blocking content for some users as part of a test. "Facebook has decided to be unreasonable, irresponsible, and started blocking news. This is why today, we are announcing the government of Canada will be suspending advertising on Facebook and Instagram," Rodriguez said. He said the federal government spends about \$10 million in advertisements on the platforms, which he said will be re-invested in other ad campaigns. Google has also promised to start blocking Canadian news when the bill comes into force in six months, but Rodriguez said the government is in talks with the compa-

ny and believes its concerns will be managed by the regulations that will come to implement the bill. "Today, we're calling on both platforms to stay at the table, work through the regulatory process with us, contribute their fair share and keep news on their platform," Rodriguez said. The bill will come into force in just under six months, giving the federal government time to decide on how it will proceed with regulations. MPs from the Bloc Quebecois and the NDP, which both backed the legislation, joined the Liberal minister at a press conference on Wednesday. "The web giants need to

respect Canadian law. They need to respect Canadian democracy. And that is the the profound message that we are sending today to Meta and Google," said NDP MP Peter Julian. Media companies have also begun pulling advertising from some social media platforms and telling readers and viewers how to access news directly. News and telecommunications company Quebecor Inc. announced Wednesday it would immediately withdraw advertising from Meta's Facebook and Instagram platforms. "Any move by Meta to circumvent Canadian law, block news for its users or

discriminate against Canadian media content on its platforms, through its algorithms or otherwise, cannot be tolerated," Quebecor said in a press release. Quebecor said it is pulling ads from Meta because of the company's "categorical refusal" to enter into negotiations around compensating media companies. Quebecor owns telecommunications company Videotron as well as TVA Group, which includes the TVA television network, specialty channels and magazines. It also owns the Journal de Montreal and Journal de Quebec newspapers. In addition to posting content on Meta's plat-

forms, it has sometimes bought ads on Facebook and Instagram. For example, the Facebook ads library linked to Quebecor's TVA Nouvelles showed the brand had bought ads showcasing its 2022 election coverage, while Le Journal de Quebec recently ran an ad with Tourisme Isle-aux-Coudres. Hours after Quebecor announced it would pull its Meta ads, Quebec Premier Francois Legault said that "what we had hoped for is that these platforms pay the media companies" that develop news.

By Nojoud Al Mallees and Tara Deschamps  
The Canadian Press

## Mother in law of B.C. knife victim says 'monster' robbed son of woman he loved

**New Westminster:** The mother-in-law of a woman killed in a mass stabbing at a North Vancouver, B.C., library two years ago has told a sentencing hearing that her attacker is a "monster" who stole from her son a life with the woman he loved. Yannick Bandaogo, 30, pleading guilty this year to second-degree murder, several charges of attempted murder and one count of aggravated assault over the March 2021 attack. The murdered woman's mother-in-law has told the British Columbia Supreme Court in New Westminster that her son and the victim had been planning to build a life together in Canada, and her death devastated everyone who knew

the young woman. She says Bandaogo "robbed" the victim's families, in a statement prompting Bandaogo to momentarily bow his head. The names of the murdered woman and her family are under a publication ban at the sentencing hearing, which began Wednesday and is scheduled to continue before Justice Geoffrey R.J. Gaul into Friday. Bandaogo is facing a mandatory life sentence on the murder charge with a non-parole period to be determined by the judge. Six people were injured in the attack in and around the Lynn Valley Library. The victims ranged in age from 22 to 78.

## Quebec social media influencer charged for simulating crimes to gain attention

**Gatineau:** Quebec police say they have arrested a social media influencer who allegedly committed fake crimes to gain popularity. Police in Gatineau, Que., near Ottawa, say Anthony Gagne, 27, simulated crimes to attract police attention. They say they launched an investigation in May after he allegedly drove a van with the words "free candy" printed on the side in an attempt to lure chil-

dren. Police say worried residents called 911. Gatineau police say Gagne was charged Wednesday with attempted public mischief. He was released after a court appearance and must abide by several conditions, including being banned from posting content for his roughly 500,000 followers on various social media platforms.

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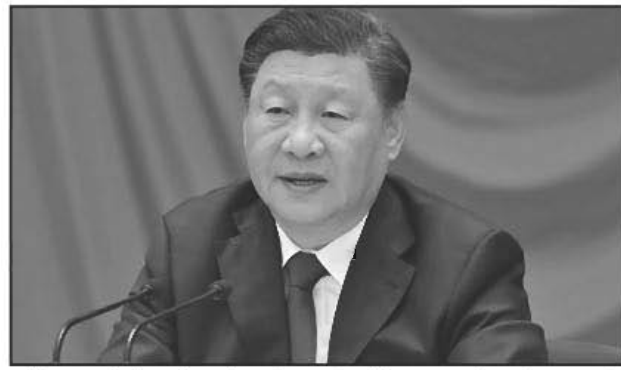
## Pakistan Grappling With Drug Addiction: Reports

Pakistan is currently grappling with a rising and formidable challenge of drug addiction, Afghan Diaspora Network reported. The prevalence of cannabis is considered Pakistan's most widely consumed illicit drug, which is closely trailed by the rising use of opiates (including both opium and heroin). The problem is further increased by the alarming increase in intravenous drug administration, coupled with the dangerous practice of sharing needles, which causes a conducive environment for the rapid spread of blood-borne diseases, further increasing the already distressing public health crisis, Kadeem Baloch, a freelance journalist based in Pakistan, wrote in the report.

## President Xi Jinping Will Attend Virtual SCO Summit Hosted By India

Chinese President Xi Jinping will attend next week's virtual summit of the Shanghai Cooperation Organisation (SCO) being hosted by India, an official announcement here said on Friday. At the invitation of Prime Minister Narendra Modi, President Xi will attend via video conference in Beijing, the 23rd meeting of the Council of Heads of State of the SCO on July 4 and deliver important remarks, Chinese Foreign Ministry spokesperson Hua Chunying said in a brief press release.

This is the first official announcement about



Xi's participation in the SCO summit being hosted by India. The SCO is an influential economic and security bloc and has emerged as one of the largest transregional international organisations.

The SCO was founded at a summit in Shang-

hai in 2001 by the presidents of Russia, China, the Kyrgyz Republic, Kazakhstan, Tajikistan and Uzbekistan. India and Pakistan became its permanent members in 2017. India holds the rotating Presidency of the organisation this year. Ahead of the summit to

be held for the first time under India's Presidency, India on Tuesday inaugurated an exquisitely designed "New Delhi Hall" at the SCO Secretariat in Beijing. While the SCO's six founding members, Russia, Kazakhstan, Kyrgyzstan, Tajikistan, and Uzbekistan have their halls highlighting their cultures and unique features, India is the first to add its own. Virtually inaugurating the hall, External Affairs Minister, S Jaishankar in his address said the New Delhi Hall, is conceived to be a "mini-India" showcasing various facets of Indian culture.

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## Former Punjab Congress Chief Jakhar is Now State BJP Chief

Chandigarh: The Bharatiya Janata Party (BJP) on Tuesday appointed former Punjab Congress president Sunil Jakhar, 69, as its state chief. He succeeds Pathankot MLA Ashwani Sharma who was serving his second term in a row as state chief.

A former Lok Sabha MP from Gurdaspur and three-time legislator from Abohar assembly seat, Jakhar who was one of the state's senior most and one of the tallest Hindu leaders of Congress in Punjab, had joined BJP in May, 2022. Jakhar, who is the younger son of former longest serving Lok Sabha speaker and former Madhya Pradesh governor late Balram Jakhar, was also Punjab Congress chief for four years before he was replaced by Navjot Singh Sidhu in 2022. However, he had headed Congress' campaign committee



in the 2022 assembly polls. A Hindu Jat, Jakhar was also the leader of opposition in the state assembly from 2012 till 2016. The Jakhar family has been associated with Congress for about five decades as his father Balram Jakhar, who passed away in 2016,

was a senior parliamentarian. His nephew Sandeep Jakhar is presently Congress MLA from Abohar seat in Fazilka district, a seat he represented thrice in the past. Jakhar's anguish against the party's Central leadership had risen after he was replaced as state chief by Sidhu in July 2021, and later when he was ignored for the chief minister's post in September that year when the then CM Capt Amarinder Singh was forced to step down from the chair and he was ignored for the CM's seat. Jakhar had claimed that 42 out of the total 80 MLAs wanted him to be the CM but he was ignored for being a Hindu. Congress sent him a show-cause notice for his remarks but he took affront and did not respond to it.

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Name: STENSAUD, Cheyenne

Age: 58 Height: 5'9" ft  
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Parole Jurisdiction: Chilliwack, B.C.



Name: JOHNSON, Cher

Age: 47 Height: 5'3" ft  
Weight: 150lbs  
Hair: Brown Eyes: Green  
Wanted: Conspire to Commit  
Indictable Offence of Trafficking  
in a Controlled Substance and Fail  
to Comply with Recognizance or  
Undertaking (x2).  
Warrant in effect: June 6, 2023



Name: HOLMGREN, James

Age: 43 Height: 5'10" ft  
Weight: 186lbs  
Hair: Black Eyes: Brown  
Wanted: Unlawfully Breach of  
Release Order  
Warrant in effect: July 4, 2023  
Parole Jurisdiction: Chilliwack, B.C.





## Pakistan's snooker sensation majid Ali kills self by using wood-cutting machine

Majid had been battling depression for several years, although the exact causes were unknown, and financial problems were not a contributing factor.



In a tragic incident that came to light on Thursday, the first day of Eid ul Adha, Pakistan's star snooker player Mohammad Majid Ali died by suicide. Ali had been battling depression for many years, family sources revealed to Geo News. Ali was the Asian U21 silver medalist.

In a text message, Alamgir Sheikh, the Chairman of the Pakistan Billiards and Snooker Association (PBSA), shared the unfortunate news of Majid's death with fellow players and members of the sports organization.

This marked the second distressing incident for the snooker community in Pakistan within a month, following the mournful passing of Mohammad Bilal in the previous month.

The circumstances surrounding Majid's demise are particularly shocking and disturbing. Umar, Majid's brother, confirmed that his death was a result of suicide. Majid tragically ended his own life using a wood-cutting machine in his hometown of Samundri, near Faisalabad.

Expressing his dismay, the Chairman of PBSA, in an interview with Geo, conveyed his profound shock upon learning about the untimely death of the young talent, Majid.



## Naomi Campbell Welcomes Second Child At 53

Supermodel Naomi Campbell has secretly welcomed her second child, a baby boy. Taking to Instagram, Naomi, 53, shared the good news with her fans and followers. She dropped a photograph of herself holding the newborn in her arms.

"My little darling, know that you are cherished beyond measure and surrounded by love from the moment you graced us with your presence. A True Gift from God, blessed! Welcome Babyboy. #mumoftwo

It's never too late to become a mother," she captioned the post. Naomi was immediately inundated with congratulatory messages.

"Naomi having a baby at 53 is proof that it's never too late to have kids," a social media user commented.

"Congratulations...Such a beautiful blessing," a netizen wrote.

## US: Indian-origin Man Uses Uber, Helps Many To Illegally Cross Canada Border; Gets 3-Year Jail Term

A 49-year-old Indian-American man was sentenced to more than three years in prison for illegally bringing hundreds of Indian nationals across the border from Canada and then to locations in the mid-west and beyond, using ride-hailing major Uber. Rajinder Pal Singh, aka Jaspal Gill of Elk Grove in California, was sentenced on Tuesday at the District Court in Seattle for Conspiracy to Transport and Harbor Certain Aliens for Profit and Conspiracy to Commit Money Laundering.

"Over a four-year period, Mr Singh arranged for more than 800 people to be smuggled into the US across the northern border and into Washington State," said Acting US Attorney Tessa M Gorman. She said that Singh's participation in the conspiracy saddled those smuggled with crushing debt of as much as \$70,000.

Smugglers used Uber Singh pleaded guilty in February, admitting that he took in more



than \$500,000 as a key member of a smuggling ring that used Uber to transport people illegally.

The Attorney's office, Western District of Washington, said that according to records filed in the case, as early as July 2018, Singh and his co-conspirators used Uber to transport people who had illegally crossed the border from Canada to the Seattle area. Those records detail how trips beginning near the border in the early hours of the morning, would be

split between different rides. For example, one Uber trip would be from the border to Sea-Tac airport, and then minutes later the second trip would be from a nearby airport hotel to an address in Lacey, Washington, owned by Singh's spouse.

### More than 600 smuggling trips arranged

From mid-2018 to May 2022, Singh arranged more than 600 trips involving the transportation of Indian nationals who had been illegally

smuggled into the US. Once the non-citizens had been smuggled into the US, Singh coordinated with other co-conspirators who, using one-way vehicle rentals, would transport these individuals to their ultimate destinations outside Washington state. Singh and his co-conspirators used sophisticated means to launder the organisation's illicit proceeds. For example, on one instance, Singh and his co-conspirators arranged for smuggling fees to be sent via hawala from India to New York. Once the smuggling fee was received in cash from the New York hawala, these funds were converted into a check, mailed to a co-conspirator in Kentucky, and then were washed through multiple financial accounts. The Attorney's Office said in a statement that, in the plea agreement, Singh admitted that the purpose of this money movement was to obscure the illicit nature of these funds, i.e., money laundering.

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Auto review by Veeno Dewan

The 2023 Infiniti QX60 is a sleek three-row premium crossover utility vehicle that offers a good combination of luxury and versatility. It's been one of the highest-selling models for Infiniti since its 2012 debut and now undergoes a redesign for the new model year.

The new 2023 redesign takes it to a new level of luxury with a stellar good look, improved fuel economy and new tech features. Externally, the revised QX60 carries a smart contemporary look with a new grille, bi-xenon headlamps. All trims come with a 3.5L V6 engine providing 295 horses. There's an all-new nine-speed automatic transmission, and All-Wheel-Drive is standard on all models. There is 12 percent less cabin noise than in the previous generation.

The interior is also revamped with a theatre-styled layout for better occupant visibility. The dash also has a new 10.8-inch head-up display, along with a new 12.3-inch interactive display. Also fresh: is wireless Apple CarPlay and USB-based Android Auto, second- and third-row roof-mounted vents, and the premium Bose audio system that comes standard in the Sensory

and Autograph trims. Also new is updated and expanded functionality to ProPILOT Assist with Navi-Link compatibility. The QX60 comes in four trims — Pure, Luxe, Sensory, and the top trim, Autograph. The Pure starts at \$54,995, while the high-tech equipped Autograph as tested starts at \$67,995. We tested the Sensory AWD Model which arrives lavishly equipped and priced at \$72,490. All in. The 2023 Infiniti QX60 comes well-equipped. Standard equipment is luxurious and generous with: Intelligent all-wheel drive, tri-zone automatic climate control, leather upholstery with heated power-adjustable front seats and intelligent key with push-button start. There is also: heated leather wrapped steering wheel, seven-inch colour display with rear-view monitor, automatic HID headlights, cruise control, high spec audio system, power tailgate and rear privacy glass.

Inside, the QX60 looks suitably luxurious and well designed with sharp leather seats and nice textures, materials, and a high standard of fit and finish. Soft-touch materials abound for driver and passengers, and the overall ambience is very good. The sumptuous, quilted seats are to die for and offer superb



## 2023 Infiniti QX60: Sensory AWD; Luxury SUV Impresses Highly

comfort. The dash and console feature plenty of technology accessed by a host of buttons and switches. The interior is extremely versatile with full sliding second-row seats that allow easy access to the third row. The second-row splits 60/40, slides, reclines, and can be tilted forward for third-row access even with a child seat in place. The third-row seat is surprisingly roomy, but still only for kids. With the Second and third row seats folded there's up to 2,166 L of available cargo space compared to 447 L of cargo space when all seats are up. Meanwhile, the 50/50 split folding third row can be quickly and easily folded flat to expand the cargo area. The

second row's captain chairs are only available in the Autograph trim as tested, which also includes a removable centre console.

The third row is typical of a three-row SUV: the QX60 holds 411 litres behind the third row, but it also has an extra 54 litres of underfloor storage. The third row's seats easily fold down and are power operated on the two top trim levels.

On the road, the QX60s V6 engine offers a robust 295 horsepower, while torque is a healthy 270 lb-ft. The new nine-speed auto transmission offers sublime smooth up and down shifts while a dial on the center-console tunnel offers four driving modes: Standard, Sport, Snow,

and Eco. Sport offers more throttle response, while Standard is a good all round driving mode. Suspension tweaks have improved the crossover's handling somewhat. Body roll is less evident, and the QX60 takes corners better. Still with its light steering and rather soft ride, the QX60 is also much quieter than the previous generation and is still more of a comfortable cruiser, than a sporty handling SUV. If you plan to tow a trailer or boat, the lower two trims have a 3,500-pound capacity, while the top two versions can handle a 6,000-pound towing load.

Nothing much to gripe about, note the improved fuel econ-

omy in this all-new QX60 — it now has a combined rating of 10.7 L/100 km, 11.9 city, and 9.3 highway. In closing there is much to like about the QX60. It is luxurious, comfortable, and roomy, and is an excellent safety orientated family hauler. Downsides are few; buyers need to weigh up the premium models and the numerous options are worth the high cost when optioned out. The QX60 is very impressive and nice to drive all day long. A wonderfully executed luxury Crossover. Highly recommended.

2023 Infiniti QX60 AWD Autograph priced from \$69,095 plus options, freight and PDE. Price as tested- \$72,490. More info at [www.infiniti.ca](http://www.infiniti.ca)





# Family

## THE POSITIVE EFFECTS OF FLOWERS ON YOUR WELL-BEING

Researchers took it upon themselves to explore the link between flowers and benefits of flowers men and women positive effect. The results were irresistibly positive. They found that flowers act as a natural and healthy mood moderator. It seems flowers have an immediate result on happiness and joy levels. All those concerned within the study delineated themselves as satisfied and displayed "true and excited" smiles once receiving them. This occurred across all age teams concerned.

### What You Must Know to Send Flowers For Delivery

So extremely flowers are almost about the right gift for anybody. Guest Posting offered wide, healthy to your condition and freed from pretension they are the right sincere gift for your cherished ones on any occasion, or maybe a partner once you feel romantic. Flower composing and flower growing will be done by anyone at any age. It's been thought-about an art for a few. There are colleges too that teach regarding flowers and flower composing. Did you recognize that flowers will truly impact your mental and emotional health?

### Concentration

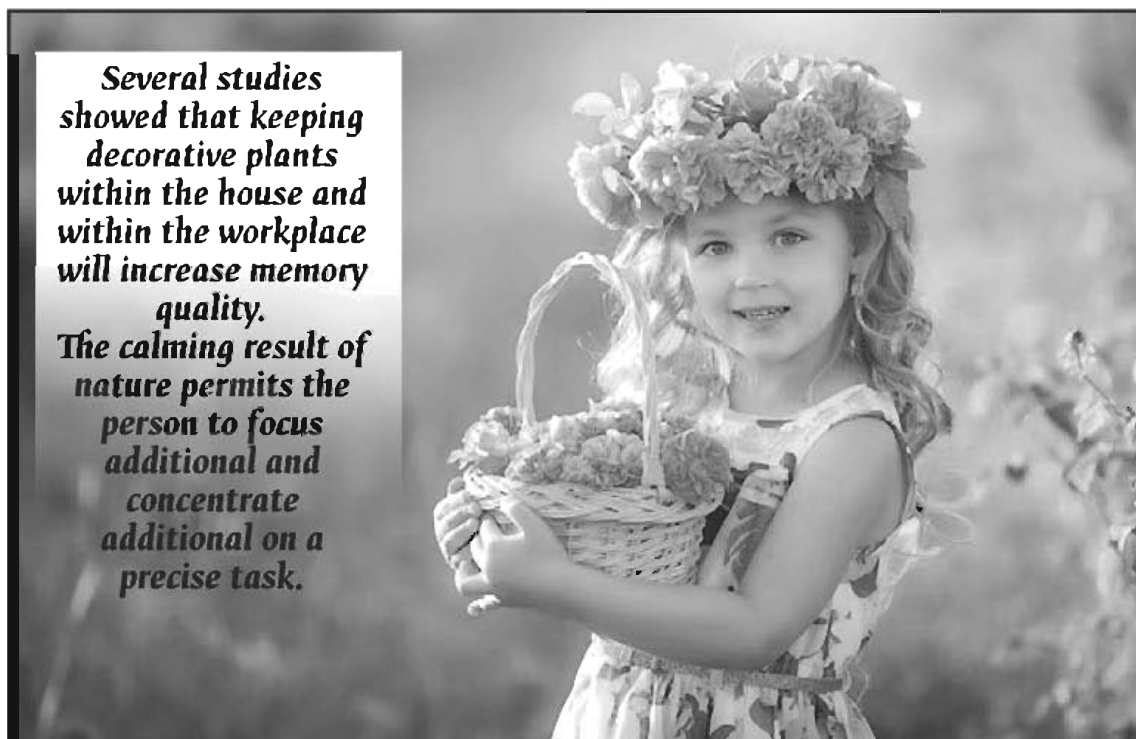
Growing flowers can increase your focus and a spotlight on details. After you are taking care of flowers and plants, you mostly listen to their growth. Concentration is additionally key, particularly after you are growing flowers that require special care and attention.

### Memory

Several studies showed that keeping decorative plants within the house and within the workplace will increase memory quality. The calming result of nature permits the person to focus additional and concentrate additional on a precise task.

### Compassion

*Several studies showed that keeping decorative plants within the house and within the workplace will increase memory quality. The calming result of nature permits the person to focus additional and concentrate additional on a precise task.*



The presence of contemporary flower reception motivates the persons within the house to be compassionate towards others. The study from the Harvard school of medicine discovered that you'd feel kinder to others after you keep in a district with contemporary flowers for every week. This result is additionally associated with. However, flowers bring happiness to individuals. Thus, the life satisfaction you get in person is carried over after you act with others.

### Health And Happiness

As mentioned earlier, we regularly provide flowers to our cherished ones to cheer them up and create them feel higher. Flowers are found to scale back the strain and anxiety felt by individuals. Flowers facilitate in making an optimistic atmosphere reception ensuing to a happier you. Therefore flower composing may well be a hairstyle reliever also. Also, that's why it's suggested to position flowers in hospitals. A selected analysis has proven that patients with rooms embellished with bright contemporary flowers had lower vital sign and pulse rates.

### Flowers has the bit of Healing

If sent to people that don't seem to be well, these flowers would shortly nurse them back to healthiness. Flowers have healing powers. They're smart for causation as desires and greetings to individuals we tend to love most. Not solely flowers, alongside them, you'll be able to send chocolates, sweets, dry fruits, and soft toys as an add-on product.

### Make Gift Giving Easy through Online Flower delivery

Online Flower delivery makes your thoughts much simpler than ever before. If you've been trying to find the simplest in hassle-free gift giving, ordering flowers online may be a good way to offer great gifts and save tons of your time and energy. You'll often find specials including free delivery on flowers. Last-minute flower delivery Melbourne once you choose local destinations, and gift baskets and special day bouquets, which will make certain to decorate anyone's day.

### Flowers online Melbourne

### Delivery For Convenience

Flowers are the all-time favorite of the many women to receive from their men. Convenience even in ordering flowers is what everyone considers, especially if you've got hectic schedules. Then Flowers online Melbourne is extremely good for you. Many thanks for the assistance of the web. It's such an excellent invention that would help many of us. You'll now do business with the assistance of the internet: no time, effort, and even extra cash to waste.

Choose an honest Flower shop near me over the web. It should be trusted and will guarantee you top-quality flowers. This may also make sure that the one that will receive it'll be impressed. It's vital to specify locating the place and therefore the details in your orders to avoid delay. Your orders also are going to be delivered on time. This may assist you also because the company to avoid difficulties. There also are unavoidable instances that a number of your orders could be delayed. Don't worry. Most of the corporate offers guarantee to avoid customer complaints and to satisfy their clients. Rest assured

that your orders are going to be delivered in good conditions and with top quality. This is often also one of the strategies to take care of the corporate reputation. Above all, check all possible websites to urge an excellent deal since even online, there's also excellent competition. Avoid sticking to one website only. It'll also help you find other sorts of flowers that will be suitable for the taste of your loved ones.

### Is it an honest Thing to Order flowers Melbourne?

When you order flowers online, the real advantage is that you are ready to order your flowers any time of day or night. There are many good flower shops on the web, but you would like to separate the great ones from the brilliant ones. The way you set about doing that's ensuring that you make use of a trusted and reliable service that gives you quality fresh cut flowers that deliver on time. Make sure that the Flower shop near me offers you simple access to a website. That you are ready to flick through the various occasions, pricing, and flowers with ease. Confirm that the website is additionally safe and secure when making a web purchase? These are the items to look for once you reach an internet site.

Ensure that the web flower shop you want to use features a good reputation with its customers. This is often vital as you do not want to be making use of a flower delivery online service that doesn't rank well with previous customers. Now, once you've got answered these questions, you ought to conclude on which flower delivery service you'd wish to make use of. Just remember that price is vital, but not the most and only factor to think about when purchasing flowers online. The flower shop must have all the opposite benefits to make it the best bargain for you.





## Intercultural Supports for Student Learning Program (ISSLP)

### Program Eligibility

- ✓ Residents of Surrey, Langley and Delta
- ✓ Youth between 15-30 years
- ✓ Canadian Citizens or Permanent Residents or Protected Refugees

### Program Description

ISSLP is a 6-week program that meets the unique needs of diverse youth population to return to school, complete high school, upgrade high school credentials, and/or enter into post secondary education or skills training to continue their studies and prepare for future success.

### Program Benefits



#### Trainings and Certification

- ✓ Digital literacy (MS Office Suite)
- ✓ Online/Digital marketing (social media marketing)
- ✓ Short Term Occupational Certifications (STOC) - WHMIS, SuperHost, First Aid, Food Safe, Serving it Right
- ✓ Diversity & Inclusion, Self-Image and Self-Esteem, Personality Development Training
- ✓ Customer Service, Email & Telephone Etiquettes, LinkedIn Training
- ✓ Skills Training - Resume & cover letter, conflict resolution, networking skills etc.

#### Additional Benefits

- ✓ Daily Allowance
- ✓ Educational Bursaries
- ✓ Educational Coaching & Counselling
- ✓ Career Counselling & Exploration
- ✓ Transportation support
- ✓ Adaptive technology support & disability related support for persons with disabilities
- ✓ Individualized and customized action plan
- ✓ Access to WiFi, printer & computer
- ✓ Other supports in terms of text books, school supplies, work clothes or so on



#### Surrey Location :

Progressive Intercultural  
Community Services  
(PICS) Society  
#205 12725 80th Ave,  
Surrey BC, V3V 3A6  
6045967722 ext: 218

#### Delta Location :

Progressive Intercultural  
Community Services  
(PICS) Society  
#3 - 7953 120th St.  
Delta BC V4C 6P6  
6045967722 ext: 218

#### Langley Location :

Langley Community  
Services Society  
#100 6470 201st,  
Langley BC, V2Y 2X4  
6045347921 ext: 6010  
6045967722 ext: 242

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## Toronto home sales and prices up from last June, down from May: TRREB

Toronto homebuyers that snapped up a property last month paid more on average than they did a year ago but less than they would have if they closed the deal in May, the Toronto Regional Real Estate Board said Thursday.

The Ontario housing board made the same observation about last month's sales figures and attributed the trends to a mix of market conditions that have left interest in buying a home high but mortgage rates tough to grapple with and supply tight.

"Home sales were hampered last month by uncertainty surrounding the Bank of Canada's outlook on inflation and interest rates," Paul Baron, the board's president, said in a press release.

"Furthermore, a persistent lack of inventory

likely sidelined some willing buyers because they couldn't find a home meeting their needs. Simply put, you can't buy what is not available."

While 2023 opened with buyers sidelined as interest rates climbed and prospective sellers spooked from selling their homes because there were fewer bidding wars, recent months started to suggest the market was rebounding.

From February to May, average prices and sales ticked up once more and sellers started to have the confidence to list their homes again.

June's numbers have broken away from the trend.

By Tara Deschamps  
The Canadian Press

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<p><b>NEW LISTING</b> <b>ABBOTSFORD</b> 33877 Mayfair Avenue \$1,399,000</p> <p>Great opportunity to purchase a fully-cleared 13,800 sq.ft lot in central Abbotsford! Nestled on Mayfair Ave, it also has potential for rezoning to two single-family lots or a duplex. With proximity to the TransCanada highway, University of Fraser Valley, schools, shopping, and restaurants, the location is unbeatable. Amidst a rapidly redeveloping area, the lot includes an approved city permit for a 6930 sq.ft home. Ready for construction now!</p>	<p><b>NEW LISTING</b> <b>RICHMOND</b> 2255 E 30th Avenue \$2,388,888</p> <p>Great Income Property or Live in! Centrally Located close to Kingsway and Skytrain &amp; Schools. The home offers 5 Bedrooms &amp; 4 Bathrooms. This property is also zoned RM9A which has great future development or even now!</p>	<p><b>NEW LISTING</b> <b>RICHMOND</b> 4860 Smith Crescent \$1,329,000</p> <p>This charming and well-kept rancher offers 1,880 square feet of comfortable living space on a spacious 9,463 SQFT lot. With a Potential Floor Area Ratio (FAR) of 1.0, this property presents an excellent opportunity for both current enjoyment and future value appreciation. Development is already underway in the area, makes for an ideal investment. Currently standing out as one of the lowest priced homes in Richmond, offering exceptional value for its desirable features and location. Located within walking distance of Hamilton Elementary School, a community center, daycare services, medical facilities, and a future grocery store, this property offers convenient access to essential amenities. Great for a first-timer, an investor, or someone seeking an affordable option in Richmond.</p>	<p><b>NEW LISTING</b> <b>Chilliwack</b> 44477 Yale Road \$2,500,000</p> <p>Over half an acre of prime development land next to Cap-It and other major anchors. The current use is non-conforming motel and 9 units are rented for great holding income. The property is M2 zoned for business industrial uses and ready for building permit for the development of your choice with very few restrictions. See City of Chilliwack M2 zoning permit guidelines.</p>	<p><b>SOLD</b> <b>RICHMOND</b> 1 8620 Railway Avenue \$1,499,000</p> <p>Introducing The Richstone. Another award winning townhouse community by Infinity Living. Located in the Railway Corridor in West Richmond with all amenities at your doorstep. Offering a very limited collection of Farmhouse inspired townhomes ranging 1207SF to 1812SF living area + garage with luxurious finishing. Featuring 4 bedrooms &amp; 3 bedrooms plans, designer kitchens, double tandem and side by side garages. All units are West Facing. Fisher &amp; Paykel appliance package, Highly energy efficient w/ heat pump and AC. Walking distance to Seafair Shopping center, Schools, parks, tree lined walking path &amp; more. Ready to move in Mid - 2022.</p>
<p><b>SOLD</b> <b>RICHMOND</b> 3431 Lockhart Road \$2,888,000</p> <p>Richmond's boutique builder Infinity Living presents another gorgeous home in one of Richmond's finest neighborhoods. This spacious 5 bedroom, 5 bath home, Lot is over 6000+ SqFt lot</p>	<p><b>SOLD</b> <b>RICHMOND</b> 3411 Lockhart Road \$2,938,000</p> <p>Richmond's boutique builder Infinity Living presents another gorgeous home in one of Richmond's finest neighborhoods. This spacious 5 bedroom, 5 bath home, Lot is over 6000+ SqFt lot.</p>	<p><b>SOLD</b> <b>ANNVILLE</b> 11452 93 Avenue, Delta \$1,870,000</p> <p>Welcome to Annville Neighborhood This modern luxury residence built in 2021 offers expansive living space with stunning views of North Shore Mountains and City from balconies and upper Deck.</p>	<p><b>SOLD</b> <b>SCOTTSDALE</b> 8336 118 Street, Delta \$1,350,000</p> <p>Prime Location! Well kept 2 story house good size nice lot 6,000 sq. ft in a desirable neighborhood in North Delta. This house offers 3 beds and 1.5 baths on main floor.</p>	<p><b>SOLD</b> <b>SEAFAIR</b> 8931 Fairdell Place \$1,630,000</p> <p>Seafair Gem! Super cute &amp; charming family home w/ 3 bedrooms, 2 full baths, enclosed sunroom, storage/den &amp; large bright games / family room down.</p>

**For All Listings Visit: [WWW.RELIANCEREALESTATE.CA](http://WWW.RELIANCEREALESTATE.CA)**

21/10

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8408 17th Avenue, Burnaby



**NEW LISTING**

RARE Burnaby gem! Beautiful clean corner lot approx 6230 sq ft. This 2 bed 1 bath Bungalow-Rancher is facing a greenbelt creating ultimate PRIVACY and offers a RENOVATED Interior, which has been immaculately maintained. Quiet, CENTRAL LOCATION close to trails, dog parks, highways, transit, great schools, parks, recreation, shopping and much more! Enjoy the use of a massive covered space, shop in the yard, and this tastefully renovated home which includes a high efficiency furnace and built in vacuum. Please contact to book your viewing.

**\$1,649,000**

#3 7927 118A St, Delta



**NEW LISTING**

Delta Central 5 bed 5 Bath Duplexes boasts 2600+ sq ft of living space, conveniently located in Scottsdale. One bedroom suite for mortgage helper. Natural lighting paired with oversized windows results in bright, sunlit homes. European style gourmet kitchen w/gas stove & large spa-like bathrooms bound to make you feel like royalty. To top it all, this one-of-a-kind duplex comes with two Master bedrooms and two large Bedrooms & a full bath. Close to schools, shops, transit & highway. Call now for more information.

**\$1,450,000**

2636 - 2640 Cedar

**Park Place, Abbotsford**

Investment opportunity in a busy location. Corner building on two lots. The lot size is 13131 sqft. C-5 zoning, new roof. Currently tenanted to good tenants. Lots of potentials.

**Call for more information**

6637 RUPERT ST, VANCOUVER



**NEW LISTING**

6770 sq ft lot, 4 bedrooms and 2 washrooms in Prime Killarney. Two-bedroom basement for mortgage helper. Log size 48 by 141. Call for more details.

**\$2,388,000**

Near 41st Ave and Culloden St, Vancouver



**NEW LISTING**

Investor Alert! 41 x 118 sqft. lot. 3 bedrooms upstairs, 2 bedroom mortgage helper. The full house is rented for \$3300 per month. By walking distance to all, public transit, school, shopping. Can build half-duplex here. Call for more details

**\$2,075,000**

#419 23233 GILLEY RD, RICHMOND



GREAT VALUE, TOP FLOOR UNIT, 850 sq.ft., 2 BEDROOM PLUS DEN, 2 BATHROOM, 2 parking spots and 2 lockers. Lowest price in the building. Master planned community is taking place in East Richmond, unit is back quiet side. Bright spacious open layout with nine foot ceilings, quartz counter tops, gas cook top and glass back splash. Finely crafted home designed by award winning Rositch Hemphill Architects. Phase 1 offers lap pool, therapy pool, hot tub, gym and multipurpose room Steps to shopping, public transit, community centre, school, all connected to peaceful parks.



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**#43 - 6050 - 166 Street**

Spacious & bright 1927 sqft 3 bdrm 2 bath townhome!

**\$1,398,000**



**8884 - 116th Street**

Spacious 4 bdrm, 3 bath beautifully renovated home!

**\$1,338,000**



**9303 - 114A Street**

Renovated 4 bdrm home in desirable Annville!

**\$799,900**



**#222 - 7837 - 120A St**

Spacious & bright 1692 sq ft townhouse close to everything!

**\$1,568,000**



**11270 Lyon Road**

Gorgeous home with legal lower suite in Sunshine Hills!

**\$269,800**



**#89 - 1840 - 160 Street**

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### 4.75 ACRES BROOKWOOD

Subdividable acreage in an upcoming & demanding area of Langley. Flat & useable land on city water & sanitary sewer not far away. bonus of current monthly rent of \$6,100/mo. Call for more info.

### SUBDIVIDABLE WHITE ROCK



PLA approved behind Peace Arch Hospital. 2 lot subdivision for approx 4,000 sq ft lots each. Sanitary & storm services are already in rear. Inexpensive servicing! A great project & surrounded by new homes. Call now!

### S SURREY ACREAGE

1) 14,692 sq ft lot which is zoned RA in the Chantrel Park, Ocean Park, & Crescent Beach neighbourhoods. The home has been updated with a newer roof, septic pump, h/w tank. A solid property to hold or a GREAT building lot for now. Hurry on this one!  
2) 17,664 sq ft lot in a great Chantrel Park location. This 2,000 sq ft + rancher has a great layout with 4 beds & 3 baths. A well cared for home. A great south facing backyard which is great for entertaining. Over 140 ft frontage which would make for a great building lot. Live in and enjoy before creating your dream house. Call now!  
3) Subdivision potential—Over 32,000 sq ft of land which could lead to 3 lots Over 280 ft frontage which would allow for creativity. All services are nearby. Call now for more info!

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Location Location!!! private 100x100 lot backs on to future city park. Features 3 bedroom 1.5 bathroom, living room, dining room, kitchen on main floor plus with an unfinished 1300 square feet in the basement. PLA issued for 2-5000 Sq. feet 50x100 feet RF 13 zoned lots. You can build your 3 story dream homes after the lots are fully serviced and ready to build. Situated at the dead end of a quiet no-through street/CDS. Over 1300 square feet upstairs, with an unfinished 1300 square feet below. Single car garage, endless RV and/or boat parking on this extra wide lot. Close proximity to Skytrain, Schools, but still private and quiet, this highly desirable location will not last long. All sizes and age of the property is approximate only, the Buyer or the Buyer's agent to verify.



Fully renovated 4 bedroom 2 bathroom basement entry home on quiet family street cul-de-sac. Features: Living room, dining room, kitchen, 3 bedrooms, 2 bathrooms, main floor, 1 bedroom unfinished, 2nd floor, 1 bedroom, 1 bathroom, sound proofed, close to schools, parks and bus route. Age of the home and lot are approximate, buyer or the buyer's agent to verify. First showing open house on Monday, July 15 between 2 - 4 P.M. by appointment only. Great property for an investor Monthly rent \$2600.00 main floor \$1300.00 Basement suite.



Large, well kept Gorgeous around basement entry home with over 7731 sq. ft. lot. House has 8 bed 4.5 bathrooms. Upstairs features living room, dining room, new kitchen, family room plus a huge games room, 4 bed, 2.5 bathrooms. Downstairs has two unauthorized basement suites (2 bed + 2 bed) mortgage helper! Hot water heating, 2 gas fireplaces, huge double garage, huge driveway. Partly renovated in recent years. House is in very nice condition plus very convenient location close to everything, elementary and high school, park and bus service. All sizes and age of the house is approximate only the buyer or the Buyer's agent to verify.

**\*8300 Sq ft Lot in Tynehead Area Surrey**

**\*2 (7000Sq ft) Lots in Cloverdale**

**\*Townhouse Development Site in Langley**

**\*2- 3600 sq. ft. RF 13 zoning Lots in Royal Heights**

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### 13025 59A AVENUE SURREY



6 Bedrooms 4 Bathrooms. 2018 Built House in the panorama park area. Asking: 1449K

### 124 13725 72A AVENUE SURREY



2 Bedroom and 2 Bathroom Attractive and Beautiful townhouse located in one of the best neighborhoods in Surrey is a MUST SEE!! Asking: 749K

### 6713 135B STREET 4bed 3 bath



This 7100 SF lot house in prime location, it has spacious 1 bed and 1 bath unauthorized suite with separate entrance. Close to shopping center, transit service. Asking: 1349K

### 103 13725 72A AVENUE



This 2 Bedroom and 2 Bathroom Attractive and Beautiful located in one of the best neighborhoods in Surrey is a MUST SEE!! With almost everything required in the closest vicinity. Bear Creek Elementary, Frank Hunt Secondary. This townhouse is close to transit, library, parks, theatre, restaurants & shopping, which makes it the perfect area for your next home. Asking: 699K

### 19536 118B AVENUE



Renovated house at amazing location 5 bed 4 bath, (1+1) two basement suites, huge yard with 12 x 10 shed with power. Fruit trees. Close to Schools, Rec Centre, West Coast Express, Shopping, trails and Osprey Village.

Asking: \$1649 K

### 6 12711 64 AVENUE



3 bedrooms upstairs and 4 bathrooms, over 1500 square feet of living space, laminate flooring, stainless steel appliances, granite countertops, hot water tank (2019). Kitchen with large eating area. Central location. Well maintained "Palace on the Park" complex. Walking distance to Tamanawis Secondary, Panorama Ridge, Beaver Creek, Transit & Tamanawis Park are steps away!

Asking: \$899 K

### Renovated house in East Newton, 13930 77 Ave Surrey BC



6bed 4 baths, 3bed & 2 bath up, two basement suites (2+1), 12000 Sf lot, close to both schools

### 503 19228 64 AVENUE



Please add a new listing 503 19228 64 AVENUE, 2Bed 2Bath. PENTHOUSE SUITE with a Stunning view of Mt. Baker, the valley, and the city! Covered & private balcony to enjoy a coffee and the gorgeous views!!

Asking: \$669 K



77 15151 Edmund Drive, Surrey. 3 Bed+Den, 3 Bath A centrally located unit within walking distance to all banks, restaurants, dollarama, shoppers drug mart. A list of recreation facilities & amenities, including YMCA, Fresh Street Market & Panorama Village Centre, all within walking distance.

Asking \$949K

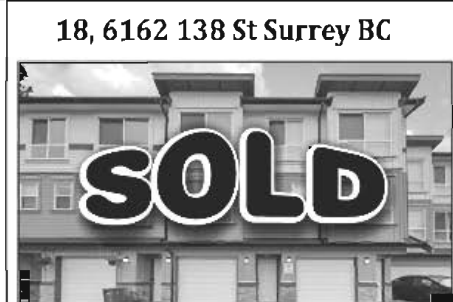


7473 147A Street Surrey V3S 8Y6. 6 Bedrooms and 5 Bathrooms home in this lovely Harvest Wynde Chimney Heights.

Asking \$16,99,000.00



2 bed  
2 bath apartment at Scott & Nicholson Complex Delta. Close to Surrey Sikh temple.



Renovated townhouse in popular Sullivan Heights 3 Bed, 3 bath, the 2 car Garage Parking. Master bedroom has a mountain view.

Asking Price 769K.

### #11 16357 15 AVE, SURREY



### #22 12730 66 AVE SURREY



### 6139 142 ST SURREY



### #201 13893 74 AVE SURREY



### 14071 59A AVE, SURREY



### 14948 62 AVE SURREY



### 11700 85B AVE DELTA



### #34 9088 HOLT RD, SURREY



### 11826 87 AVE, DELTA



### #202 7445 120 ST, DELTA



### #138 13898 64 AVE SURREY



### 13343 STAMFORD PLACE SURREY



### 10014 120 ST SURREY



### #100 5888 144 ST SURREY



### #71 13706 74 AVE SURREY





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**Price \$7.90 Million**

2 bedroom townhome, with rec room and full bathroom in the basement in south surrey, priced to sell in Alder Complex priced at \$750,000

**Business With Property**

Surrey truckbody shop is extremely busy location. Land app. 10,000 Building 8200 Sq. Ft. option can buy building alone, business alone or together.

**Farm Langley**

20 acres with multi-building over 10,000 shop, with huge house on it.

**Call for Details**

**TAKE OUT RESTAURANT**

Very clean with lots of renovation. 2 copies 14' x 14' area.

Rent \$1300 a month.

Mostly takeout. Chicken

Hamburger etc.

Call for details

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Prime 128 street location 1025 Sq. Ft.

Elevator Multi rooms

**\$900,000.00**

**INDUSTRIAL BUILDING**

25000 Sq Ft Industrial Building for sale or for lease from 1100 to 25000

Sq Ft in Surrey.

3/4 Acre Free Standing.

**SURREY OFFICE FOR SALE**

Fully renovated 5 rooms, Kitchen, Storage, Reception on 128 Street with open parking.

**Only \$1,149,000**

**FOR LEASE**

4.363 acres of prime land in the heart of Surrey. Near 152st and 68ave. ALR is designated as an industrial business park.

(Truck parking only not allowed)

**FARM**

33 acres of high exposure land with house. Two 10,000 sqft barns. Two road frontage and lots more. Only \$6.9 Million

**APARTMENT BUILDING**

Whiterock, 7 Units apartment building.

Very good return in potential to develop.

**FOR LEASE**

Approx. 10,000 sq ft of clear warehouse or retail space. Presently operating as a furniture store with high exposure.

**FOR LEASE**

Industrial warehouse plus office in Surrey. Total 1200 sq ft. by Darbesh Darbar Gurdvara.

**WAREHOUSE**

2468 Sq Ft Warehouse for sale in Surrey 32 feet Ceiling

**Cabinet Business**

Surrey Cabinet - manufactured business for sale with lots of parking and a huge warehouse. Call for details.

**PIZZA**

**BUSINESS**

Very profitable Pizza Business with high sale over \$100,000 a month. Confidential please call

Custom build 3 storey house in White Rock, steps from the beach. No cost spared listed at \$2,499,000. Dream house perfect for multifamily living.



# Tax-credit lift puts more money in more people's pockets

More than two million individuals and families will see the first quarterly payment of the newly expanded and enhanced climate action tax credit in their bank accounts this week.

"As global inflation continues to impact the costs of everyday life, we're making sure more people will receive more money to help with their bills," said Katrine Conroy, Minister of Finance. "B.C.'s price on carbon pollution continues to be one of the strongest and most comprehensive in Canada. Boosting the climate action tax credit is just one of the ways we are putting money in people's pockets as we work toward a low-carbon future."

As part of Budget 2023, the Province raised income thresholds and increased the climate ac-



tion tax credit to ensure B.C.'s clean transition remains affordable for more people.

A single person can now receive as much as \$447 per year, an increase of more than \$250 from 2022, or more than double what they received last year. A family of four can now receive as much as \$893.50, which is \$390 more than last year.

The increases to the in-

come threshold mean individuals with a net income below \$61,465 will receive a full or partial credit. A single parent with two children with a net income below \$89,270 will receive a full or partial credit. The increased thresholds mean more people will be eligible for the money this year. An estimated 70% of individuals eligible can expect the maximum amounts.

"The climate action tax credit provides a huge relief," said Antoinette Halberstadt, a Nelson resident. "As a senior, this credit takes the stress off making rent payments and helps me to cover the cost of appointments others might not have, like physio and acupuncture. The climate action tax credit will help me pay for those services that are keeping me active and moving."

B.C. is one of the few provinces with its own pollution-pricing system, the carbon tax. Most of the revenue from the carbon tax increase that is part of Budget 2023 is going back to people through the climate action tax credit.

The credit was created to help offset costs for people and families with low and middle

incomes, while ensuring B.C.'s carbon tax can continue to help pay for programs, services and infrastructure throughout the province. The income ceiling for the credit will increase annually, with a goal to reach 80% of households in B.C. by 2030.

The Province is helping people deal with rising costs through other measures, including higher BC Family Benefits. Starting July 20, 2023, families with children will receive as much as \$750 more per year, which includes a \$500 annual top-up for single parents to help make ends meet.

## Quick Facts:

- B.C.'s climate action tax credit is paid through Canada Revenue Agency,

along with the federal GST/HST credit, and can take as long as 10 days to be delivered.

- Despite being a payment from the province, it will appear on bank statements as a payment from the Government of Canada.
- Individuals make up an estimated 70% of climate action tax credit recipients and about 55% of them are female.
- B.C.'s carbon tax is an important part of the CleanBC plan to create a healthier future by lowering climate-changing emissions.
- The carbon tax will increase every year until it reaches \$170 per tonne in 2030, as required by the federal government.

## Trudeau says Conservatives blocking consensus on foreign interference inquiry

**Saint-Hyacinthe:** Prime Minister Justin Trudeau says he hopes he'll be able to announce a decision about a public inquiry on foreign interference in the coming weeks, but he is accusing the Conservatives of stalling the process.

Trudeau told reporters that cross-party agreement is needed on the structure of the inquiry and who is best suited to lead it. Conservative Leader Pierre Poilievre has said his party will only co-operate on those details after Trudeau confirms an inquiry will go ahead.

Trudeau said negotiations that began in June with the Bloc Que-

becois and the NDP about a possible inquiry were going well but the Conservatives were blocking the needed consensus.

Conservative House leader Andrew Scheer said in a statement Wednesday that the prime minister's comments were "unequivocally false."

He said all parties have met multiple times a week for nearly the last month in an effort to "agree on terms" for a public inquiry.

"We have been working in good faith and in a collaborative way with the other parties and believe we are close to an agreement on terms," the statement said.

"It is the Liberal government that

has constantly pushed back on our proposals and it is the Liberal government who has stopped answering the phone and responding to emails this week."

In March, Trudeau delegated former governor general David Johnston to investigate allegations that the Chinese government attempted to interfere in the last two federal elections and to decide whether a public inquiry should be called.

Johnston, who recommended against an inquiry, resigned in early June amid allegations from opposition parties that he was too close to Trudeau to be objective.

## RCMP officer says he forgot to record B.C. murder suspect's arrest after car crash

**Vancouver:** The police officer who arrested a man accused of murdering a 13-year-old girl found dead in a Burnaby, B.C., park six years ago said no audio recording of the arrest existed because he forgot to switch on his recorder when a police car crashed into another vehicle at the scene.

However, Burnaby RCMP Const. Jason Cutler told a B.C. Supreme Court jury that Ibrahim Ali was co-operative and his arrest otherwise went without a hitch.

Cutler said he and Const. Bryce Sinclair were tasked by the Integrated Homicide Investigation Team with arresting Ali at a co-ordinated traffic stop on Sept. 7, 2018.

"Verbally and physically he was co-operative and well behaved," Cutler told the jury on Wednesday. He said a "safe traffic stop" was performed, but another police car had collided with a civilian car before the arrest causing him to forget to start recording, although he had placed the recorder in his vest. The body of the girl, who cannot be identified under the terms of a publication ban, was found in Burnaby's Central Park in July 2017, just hours after her mother reported her missing.

In May, Ali pleaded not guilty to first-degree murder.

RCMP officers did not use body cameras or dash cameras at the time of the arrest, Cutler said.

Cutler said that after the arrest, Ali was taken to the cells at the Burnaby RCMP detachment.

Ali, who was 28 at the time of his arrest, has been in pretrial custody ever since.

Crown attorney Isobel Keeley said in an opening statement that the court would hear evidence showing the murder was random, but DNA results would prove Ali sexually assaulted her.

She said the evidence would show the girl was passing through a neighbourhood park when she was dragged off a pathway into the forest by Ali, sexually assaulted and strangled.

## Provinces falling short of national long term care standards: report

**Ottawa:** Provincial long-term care standards vary drastically across the country and, in some cases, fall far short of new national standards released earlier this year, the National Institute on Ageing revealed in a report released on Wednesday. The Health Standards Organization developed the new standards to boost quality of life and prevent the spread of infection after the COVID-19 pandemic cast a harsh spotlight on conditions in long-term care homes across the country. Provinces and territories requested a report from the institute to figure out how far they are from meeting the new standards. The institute's report found that

only 25 of the 117 criteria laid out in the national standards could be found in the policies of all provinces and territories, as of December 2022. Not a single province or territory covered everything the national standard calls for.

"It reminds us that there's a lot to be done," said Dr. Samir Sinha, the report's co-author and director of health policy research at the institute.

Most provinces have policies that align with the standards when it comes to resident responsibilities and rights, and assessment and care plans.

They were more likely to neglect the need to collect workforce data

or stipulate policies for quality improvement, the report shows.

The institute also found a lack of oversight in most provinces and territories when it came to having a trauma-informed approach to care, workplace wellness programs, environmental stewardship and workforce experience surveys.

"What was concerning for me most was that when you see that there are so many criteria that have barely registered? the question then becomes, in what mechanism is there real enforcement and assurance that those things are going to be attended to?" Sinha said.



# Lifestyle

## Sleep well with simple yet effective sleep hacks

Are you feeling sleep-deprived in the morning or waking up with low energy levels? If yes, Guest Posting then you are dealing with severe sleep deprivation symptoms in daily life. Again, people with poor shut-eye at night have a higher risk of health issues and lifestyle challenges. In addition, people who have difficulty falling asleep and staying asleep at night have a 73 per cent higher risk of stroke later in life. Therefore, it is good to choose the best sleep aids and follow a healthy lifestyle to combat insomnia in your life. Science says sleep problems are common in most people and more than 80 per cent of people in the world are having sleep issues at a given point in time.

Experts say it is better to choose the best treatment options to inhibit the risk of significant physical and mental health risks. Likewise, sleep quality affects all aspects of your life. Again, from day-to-day performance issues to higher stress levels, lack



of sleep linked to negative health issues, such as:

- Heart and stroke risks
- High blood pressure
- Obesity
- Type-2 diabetes
- Depression
- Memory loss
- Anxiety and stress disorders
- Metabolic disorders
- Gastrointestinal issues

Therefore, to avoid sleep-related health risks, try to get 7-8 hours of sleep at night. In addition, focus on sleep patterns and daily habits to promote sleepiness. For

instance, listen to music or read a book to stay calm and quiet in daily life to get sufficient hours of sleep at night.

**Furthermore, Here Are Some Effective Sleep Tips to Enjoy Sound Slumber:**

### Turn of Blue Screens and Digital Devices

Again, science says our body clock or circadian rhythm controls the sleep-wake cycle in daily life. Therefore, it is good to focus on things that affect the functioning of the circadian rhythm. For instance, blue screens or lights cause the poor release of melatonin in the body, which leads to poor sleep. Experts say try to avoid using the phone or laptop at least 3-4 hours before bedtime to avoid sleep deprivation signs.

Likewise, scrolling the feeds on your phone or binge-watching series on the TV, everything can affect your sleep cycle in negative ways. Again, reduce your blue

screen exposure to avoid sleep problems in daily life.

### Cut the Intake of Caffeine and Alcohol in Daily Life

In addition, drinking higher amounts of caffeine and alcohol in daily life can affect your sleep hygiene. At the same time, it is important to choose herbal drinks to stay calm and quiet in daily life. On the other side, caffeine and alcohol can lead to the poor release of melatonin in the brain, which causes severe sleep deprivation. Experts say people who drink more than the required amount of caffeine in the day experience delay in their sleep.

Furthermore, people who drink chamomile tea and other herbal drinks have better sleep at night. In addition, they have lower levels of stress, which improves the sleep-wake cycle too.

### Create a Sleep-Inducing Bedroom Environment

In addition, people who have

trouble falling asleep or staying asleep in their bedroom should focus on their bedroom environment. Likewise, here are some tips to create a sleep-inducing bedroom environment:

- Set the temperature between 67 to 73 degrees
- Avoid blue lights and louder noises
- Choose comfortable mattresses and pillows
- Avoid other activities in the bedroom
- Use the bedroom only for sex and sleep

Follow a Fixed Sleep Cycle  
Furthermore, to get sufficient hours of sleep at night, go to bed and wake at the same time. Likewise, going to bed and waking up at a consistent time can help the body clock function properly. Therefore, it is good to stick to a fixed sleep cycle in daily life.

At the same time, follow a healthy lifestyle and if needed, talk to sleep experts to choose the best sleep aids.

## Tips to Get Rid of Acne and Clear Your Skin

### 1) Eat Healthily

If you're not eating enough healthy food, Guest Posting your skin may not get all of the nutrients it needs. If you want to be sure your skin is as healthy as possible, eat a wide variety of fresh fruits and vegetables every day.

### 2) Exfoliate Regularly

Exfoliating regularly can help you get rid of dead skin cells that tend to block pores. This results in clearer skin. Look for products that contain salicylic acid or glycolic acid, which break down oil and remove dead skin cells.

### 3) Don't Sleep with your make up on

Wearing makeup is a great way to enhance your features, but sleeping with it on can clog your pores, resulting in



acne. Make sure you remove all your makeup before bed each night. If you have sensitive skin, try using coconut oil or an alcohol-free toner as a remover instead.

### 4) Use Lifestyle Changes to

### Improve Skin Care

There are many steps you can take in your daily lifestyle to improve your skin's health. These include avoiding alcohol, caffeine, sugar, smoking, junk food and greasy foods. Drinking plenty of

water can help prevent acne flare-ups as well.

### 5) Avoid Certain People

Most acne is due to dirt or oil that gets caught in pores. For obvious reasons, you'll want to avoid touching your face as much as possible. But beyond that, if you can limit your interaction with skin-clogging people—frequent handshakers and smokers, for example—you'll likely see a difference in your skin within a few weeks.

### 6) Workout Regularly

People who exercise regularly also tend to follow better skin-care routines. Exercising not only keeps you healthy, but it also helps you manage stress levels.

### 7) Drink Water Every Day

Water is an essential part of staying hydrated, which is important for clear skin. Staying hydrated helps keep your face free from impurities that can clog pores, leading to breakouts. Try drinking two glasses of water each day.

### 8) Wash Your Face at Night

Most people wash their face with soap or facial cleanser twice a day, once in the morning and once at night. If you're not washing your face correctly, though, it can make your acne worse.

### 9) Don't Overdo It!

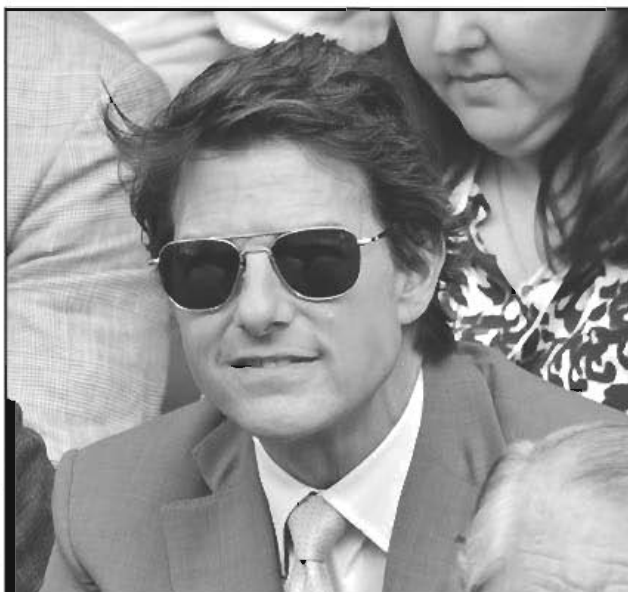
Excessive scrubbing or touching your face can actually make acne worse. Instead, wash your face once in a while with soap and water, but avoid touching it as much as possible.



# Hollywood

## Tom Cruise reveals he beat Mission Impossible 7 co-stars Hayley Atwell, Simon Pegg in a dance-off

Tom Cruise is celebrating his 61st birthday on July 3. At the Australian premiere of his upcoming action thriller Mission: Impossible - Dead Reckoning Part One in Sydney, the Hollywood actor revealed his birthday plans and what transpired on the same day last year, when he was shooting for the film. Tom Cruise is gearing up for the release of the seventh instalment in the popular Mission: Impossible franchise. While the film will hit cinemas on July 12, Tom has already attended multiple premieres in Rome, Los Angeles, Abu Dhabi and Seoul.



At the premiere of Mission: Impossible - Dead Reckoning Part One in Sydney, Tom Cruise was asked if it was true that last year, while filming, he defeated co-stars Hayley Atwell and Simon Pegg in a dance-off on his 60th birthday. Cruise admitted it was true. "I'm 60 and I completely crushed them," he said, recalling how he won the dance-off with a jazz split. When Tom was asked what his plans for the 61st birthday are, he said he woke up at 4 am, like he does every day. He also added that he has dinner plans following the premiere of the film.



## Game Of Thrones Actors Kit Harrington, Rose Leslie Blessed With Baby Girl

Game of Thrones actors Kit Harrington and Rose Leslie welcomed their second child, a baby girl. The couple tied the knot in 2018 and welcomed their first child, a boy, in 2021. The couple is yet to reveal the name of their newborn daughter. "They're delighted to have welcomed a little girl into the family," the actor's representative reportedly said. This good news comes after Kit had revealed in February 2023 that they were expecting their second child during an appearance on The Tonight Show with Jimmy Fallon.

## Jonathan Majors' lawyer slams allegations of sexual abuse, denies Rolling Stone report



Jonathan Majors' lawyer has strongly criticized a recent report published by Rolling Stone, which contains allegations of physical and mental abuse against the actor made by multiple individuals. The article, released on Thursday, features interviews with over 40 people who claim that Majors, known for his role in "Ant-Man and the Wasp: Quantumania," has a history of abusing romantic partners dating back to his time at Yale's David Geffen School of Drama a decade ago. Among the allegations are claims from more than a dozen individuals who accuse Majors of physical and emotional abuse within past romantic relationships.

## 'Bye, Barbie' Vietnam bids adieu! Barbie banned by Vietnam for a scene showing the nine-dash line map

Vietnam has banned the highly-anticipated Barbie movie due to a scene featuring a map that depicts the nine-dash line. The map represents China's territorial claims over the South China Sea. The Chinese claims overlap with the exclusive economic zone claims of Brunei, Indonesia, Malaysia, the Philippines, Taiwan, and Vietnam. As a result, Vietnam believes that its sovereignty is being violated. All commercial screenings of Warner Bros' Barbie have been banned in Vietnam. The movie was originally slated for release on July 21 in Vietnam. On Monday, Vi Kien Thanh, director general of the Vietnam Cinema Department under the Ministry of Culture, Sports, and Tourism said that the ban was decided by the National Film Evaluation Council. "We do not grant license for the American movie 'Barbie' to release in Vietnam because it contains the offending image of the nine-dash line," said the state-



run Tuoi Tre newspaper, also citing Vi Kien Thanh. Vietnam is one of China's many neighbouring countries which strongly dispute China's assertions. These countries have their own territorial claims that contest and overlap with those of China. In 2016, an international tribunal was held in

The Hague, Netherlands and unanimously ruled against Chinese claims in the South China Sea. However, this judgement was not recognised by Beijing which has been building military bases in the area for years. It also conducts regular naval patrols to assert its territorial claims.





# Sakra

(PG) \*\*\*

## Renegade!

Get set for action. Sakra delivers the goods as this Oriental spectacle is full on fun. Steeped in tradition it's a fight to the finish as a renegade becomes a leader under dubious circumstances. That convoluted background comes back to haunt the alleged hero in this fresh Adrenalin charged entry from Well Go USA entertainment now thrilling audiences on screening services across B.C. as well as on DVD and Blu-Ray. Hot off his sizzling performance opposite Canadian raised Superstar Kea-

nu Reeves (Speed) In the blockbuster John Wick 4 Ip Man himself Donny Yen is primed for action as Kiu Fung, a once upon a time Kung Fu disciple turned disgraced gang leader marked for murder in Medieval China. History and grudges play a big part In Chinese mythology. With some nods to Crouching Lion Hidden Dragon Sakra reveals just how far a madman/madwoman will go to frame an innocent god like character and the steps that maligned leader must take to regain his place in society.

Lots of internal strife and backstabbing highlight this two hour drama which features enjoyable if not preposterous fight. Like Rambo himself it seems like it's one against a thousand as Kiu Fung must battle legions of blood hungry mercenaries in this violence laced thriller that takes martial arts movies to a whole new level. Smart writing, a likable hero and many nods to mythology and religious doctrines makes Sakra an enjoyable time if you like battle royals entwined in Asian history.



## EVENTS

South Asian Adults & Seniors - Bingo on the House for members & In Person Yoga Classes at Shanti Niketan hall for members, Bingo on July 9th 2023 (Sunday), from 2.00 pm to 3.30pm at Shanti Niketan hall. In Person Yoga classes for members only, Every Monday & Every Thursday from 10.00 am to 11.15 am. Pure Vegetarian Lunch on Thursdays after the Yoga session.

### High Lighted Events of July 2023

July 16th 2023 (Sunday), Vancouver Odia Association Invites all South Asian Families to Shree Jagan Nath Rath Yatra 2023 at Lakshmi Narayan Temple from 11.00 am to 4.00 pm. There will be Classical Music, Classical Dance, special Odia Food for all. Please join us to get the experience of Odia Art & Culture. It is free for all. Your donations to support & to encourage the spirit will be highly appreciated, for donations please call Mrs. Susmita Mitra Tel. 604 - 441 - 1471.

July 21st 2023 ( Friday) Group Birthday of Senior Members of Vedic Seniors Parivar Centre Surrey born between March 16th to July 21st. Well known Musicians of South Asian Community, Mrs. Tejaswita Mohan. Mr. Raj Toora & Mr. Swaran Dhallwal have kindly accepted our request to entertain with Melodious old Bollywood songs. Cake cutting ceremony after entertainment program, Special vegetarian lunch will be served and special treat of Mama Mia Matka Kulfli stick will be served to all participants sponsored by Mr. Narinder Kumar Singla & Mrs. Krishna Rani Singla. This event will start at 10.00 am to 1.30 pm at Shanti Niketan hall, will be Free for members but Non-members can join us for the celebration with a contribution of \$ 15.00 per person.

July 23rd 2023 (Sunday), In person Health Presentation on Digestion related problems, Acid Reflux, Choking, Stomach Ache by Dr. Ratilba Kaushal MBBS from 2.00 pm to 3.30 pm. Dr. Ratilba will explain about the above Stomach related problems, precautions to avoid & possible treatment. There will be questions & Answers session, you can ask questions with stomach related problems. Tea & light snacks will be served after the presentation is over. It is free for all Adults & Seniors.

Vedic Seniors Parivar Centre of Vedic Hindu Cultural Society of BC Invites South Asian Adults and Senior members only to join and play Bingo on the House on July 9th 2023 (Sunday) from 2.00 pm to 3.30 pm at Shanti Niketan hall. Please bring only 2 dollars with you for 2 games, don't worry if you do not know how to play, members seating next to you will explain the game to you just for the sake of fun. Please keep the social distance while seating for personal & other's safety. Tea and light snacks will be served after the two games are over. In Person Yoga classes for members only, on Every Monday & Every Thursday will continue by Mr. Ashwani Bansal expert Yoga Instructor from 10.00 am to 11.15 am & will help to observe & guide the seniors to do correct yoga. Pure Vegetarian lunch will be served in the dining hall at 11.30 am to all the senior members who attend yoga class on Thursdays. Project funded by Government of Canada's New Horizons for Seniors Program for Hindi speaking seniors. Please contact Surendra Handa Coordinator, Vedic Seniors Parivar Centre, & Coordinator - APNI South Asian Community Response Network, Lakshmi Narayan Temple, 8321 - 140th Street Surrey V3W5K9, BC Tel. 604 - 507 - 9945 or email: surendra\_handa@hotmail.com, for registration & for further information

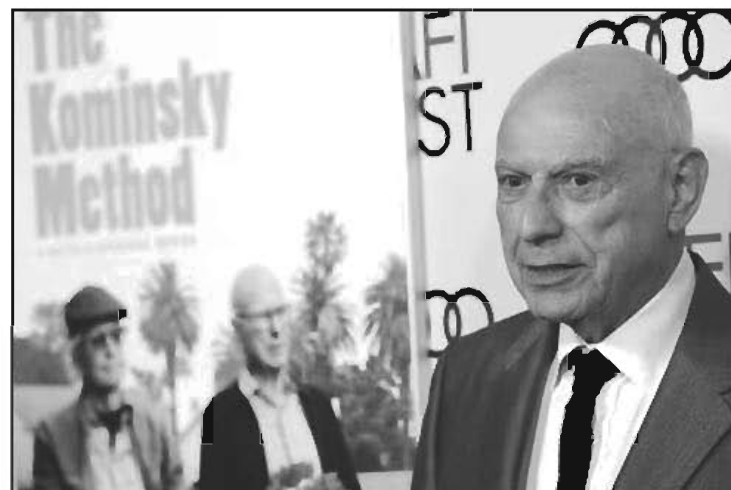
## Iconic US actor Alan Arkin passes away at 89, Leaving a lasting legacy

Alan Arkin, the eminent veteran US actor known for his remarkable performances in films such as "Catch-22," "Edward Scissorhands," and "Little Miss Sunshine," has passed away at the age of 89. With a career spanning over 65 years, Arkin left an indelible mark on the entertainment industry, earning multiple Academy Award and Emmy nominations for his exceptional talent.

His sons confirmed the news of his passing in a statement to People magazine, expressing their deep sadness and describing their father as a uniquely talented force of nature both on and off the screen.

They fondly remembered him as a loving husband, father, grandfather, and great-grandfather, emphasizing the profound impact he had on their lives. Fellow actors and friends took to social media to pay tribute to Arkin, celebrating his contributions to the world of acting and comedy.

Natasha Lyonne, who shared the screen with Arkin in the indie film "Slums of Beverly



Hills," expressed, "The favorite of all my movie dads and so brilliant, inspiring and kind for so long."

Jason Alexander, known for his role in "Seinfeld," acknowledged Arkin's exceptional comedic voice.

"Such a wonderful, original voice for comedy... I learned so much from watching him. And the laughs I got from his glorious work seem endless. May he rest well."

Michael McKean, a fellow actor from "Spinal Tap," described Arkin as charming, hilarious, and possessing a keen sense of detecting non-

sense, making his presence a joy to be around.

### The rich legacy

Born in New York in 1934, Arkin's heritage is traced back to Jewish immigrants who came to the United States. Before making a name for himself as an actor, Arkin briefly pursued a career in music, performing with the folk act the Tarriers, who achieved chart success with the hit song "The Banana Boat Song." However, it was his foray into acting on Broadway that garnered attention, earning him a Tony Award for his lead role in "Enter Laughing" in 1963.



## More homes for families, individuals coming to Qualicum Beach

Work is underway in Qualicum Beach on a new 56-unit apartment and townhome development that will provide affordable rental housing for families, seniors and individuals with low to moderate incomes.

"This is the first major housing project in Qualicum Beach to be funded through our Building BC investments and I know it will have a tremendous impact to the community by providing families and seniors with safe, secure housing to grow and prosper," said Ravi Kahlon, Minister of Housing. "Working with partners, we're delivering affordable housing in all corners of the province, and I'm excited to see this project get underway." Located at 136 Village Way W., The Residences at Qualicum Station is a four-storey wood-frame building that will have a mix of studio and one-,



two- and three-bedroom apartments, as well as seven three-bedroom townhomes. The building is next to a community garden and within walking distance of schools, medical facilities and public transit. "This project is another example of the incredible partnerships our government has with local governments and com-

munity partners to build new affordable homes," said Adam Walker, MLA for Parksville-Qualicum. "These new homes will provide security and peace of mind for people, something everyone deserves." Qualicum Parksville Kiwanis Housing Society will own and operate the new homes, which were designed

to foster a sense of community. "We are pleased to bring another 56 units of affordable housing to Qualicum Beach, and this development will be of tremendous benefit to our community and its housing needs," said Scott Rodway, president, Qualicum Parksville Kiwanis Housing Society. "We would like to thank

the residents of Qualicum Beach for their support in the development of The Residences at Qualicum Station and to acknowledge the assistance of the Province, BC Housing, the Canada Mortgage and Housing Corporation, the Federation of Canadian Municipalities and the Town of Qualicum Beach. Residents are expected to start moving into their new homes in early 2025. "We are grateful to the Qualicum Parksville Kiwanis Housing Society and BC Housing for their integral roles in bringing The Residences at Qualicum Station to fruition," said Teunis Westbrook, mayor, Qualicum Beach. "Together, we are working to building a welcoming community that is affordable for all residents." The project is part of a \$19-billion housing investment by the B.C. government. Since 2017,

the Province has delivered more than 76,000 new homes that have been delivered or are underway, including 59 homes in Qualicum Beach.

### Quick Facts:

- The Province contributed \$6.3 million to the project through the Building BC: Community Housing Fund and will provide an annual operating subsidy of approximately \$313,000.
- The Town of Qualicum Beach provided the project land, valued at \$3.3 million, and has leased it to the Qualicum Parksville Kiwanis Housing Society for a nominal fee.
- The federal government, through the Canada Mortgage and Housing Corporation, provided \$92,000 in seed funding.

## Ten years after Lac Megantic rail disaster, fish not biting 'like they used to'

LAC-MEGANTIC, Que. — Pierre Grenier says that ever since the 2013 train derailment in Lac-Megantic, Que., spilled 100,000 litres of crude oil into the Chaudiere River, the fishing hasn't been the same. Anglers like him are catching fewer fish, and their catches are increasingly adult fish, a sign that fewer fish are being born. The fish, Grenier said, "don't bite like they used to." Experts with Quebec's Environment Department will be deployed in the coming weeks to study the rehabilitation of the river since a runaway train carrying crude oil derailed and exploded 10 years ago, killing 47 people and destroying parts of downtown. The department says it will analyze levels of hydrocarbons in river sediments, the health of animals that live on the riverbed and the overall state of fish populations. Grenier, president of Lac-Megantic's association of hunters and anglers, says his group has helped the province maintain the health of the region's fish stocks, including by introducing new species into Lake Megantic, which feeds the Chaudiere River. But, he said, stocking the lake hasn't had the desired effect. "We stocked brown trout four years after the disaster, but anglers aren't catching them," he said. "Is

the water suitable for the feeding and reproduction of fish? If it's contaminated, we need to know." Grenier pointed to the location of the spill, where the lake drains into the river. "Right here, the water was full of oil, and it was flowing down into the Chaudiere River. Have any toxins remained throughout the lake?" he asked, adding that he hopes the upcoming studies by the Environment Department will answer the question. In 2015, a summary report from the Environment Department concluded that fish caught at multiple stations along the river showed more deformities and other anomalies than in any other river in the province. The last study by the provincial government on the effects of the oil spill in the waterway dates back to 2017. Government experts offered at that time a "reassuring" assessment of the health of the fish stock, despite the persistently high rate of anomalies. "The fish integrity index has not improved, and the percentage of fish exhibiting anomalies (deformities, fin erosion, injuries, and tumours) which was very high in 2014, remained equally high in 2016," the researchers said in the 2017 study, adding that there was "no comparison" between these el-

evated rates of anomalies and what existed before the spill. But the study also said sediments in the lake and river had low concentrations of pollutants and "did not warrant decontamination efforts." Oil-contaminated sediments "do not accumulate in the flesh of fish," which are safe to eat, the researchers said. It was recommended that new studies be conducted before 2022, but for various reasons, including the COVID-19 pandemic, they have been delayed, government spokesman Frederick Fournier said. Results from this summer's studies on the lake and the river should be published next year, he added. Back in July 2013, it took 30,000 litres of fire-retardant foam to extinguish the flames caused by the explosion of oil-laden train cars. The foam contained perfluoroalkyl and polyfluoroalkyl substances known as PFAS or "forever chemicals." Knowledge about these chemicals has significantly evolved in recent years, and they are now under scrutiny by Environment Canada. A draft report by the federal department, published in May, proposes concluding that "all substances in the class of PFAS have the potential to cause harm to both the environment and human health."

By Stephane Blais  
The Canadian Press

## Justin Trudeau tweets invitation to Taylor Swift asking her to bring tour to Canada



Prime Minister Justin Trudeau appears to be a secret Swiftie, after tweeting an invitation to superstar Taylor Swift asking her to bring her Eras tour to Canada. Swift announced on Wednesday that she is adding another 14 European and U.K. stops to her career-spanning concert series, with special guest Paramore. As of yet, there are no Canadian dates for her international tour that takes Swift through Mexico, Europe, Asia and Australia over the next year. Trudeau responded to

Swift's tweet with paraphrased lyrics from her own songs, posting "It's me, hi. I know places in Canada would love to have you. So, don't make it another cruel summer. We hope to see you soon." Swift's snub of Canada has made its way to the House of Commons, with Conservative MP Matt Jeneroux saying last month he would file an "official" grievance "on behalf of all Swifties" in the country. Neither Swift nor her management has addressed the decision to skip Canada.



# Mughal-E-Azam

AT QUEEN ELIZABETH THEATRE

**AUG 4 - 5 @ 7 PM | AUG 6 @ 1 PM**



## Mughal-E-Azam

**BEST PLAY**  
SHAPOORJI PALLONJI & NCPA

**BEST DIRECTOR**  
FEROZ ABBAS KHAN

**BEST COSTUME DESIGN**  
MANISH MALHOTRA

**BEST CHOREOGRAPHY**  
MAYURI UPADHYA

**BEST SET DESIGN**  
NEIL PATEL

**BEST LIGHT DESIGN**  
DAVID LANDER

**BEST ENSEMBLE CAST**



### Most expensive theatre production in Indian history !

The musical's soul is Indian classical music and Kathak dance, and the songs are performed live from the original film. Produced by Shapoorji Pallonji and directed by Feroz Abbas Khan, *Mughal-e-Azam: The Musical* has already captivated audiences across Mumbai, Delhi, Ahmedabad, Dubai, Kuala Lumpur, Singapore, Doha, and Muscat. The addition of English subtitles ensures a wider audience can enjoy the performance. Don't miss your chance to experience the first Indian Broadway-style musical, *Mughal-e-Azam: The Musical* - where romance and royalty meet in a grand spectacle of music, dance, and drama. The Musical - presented in North America by Cinema on Stage, an entertainment company dedicated to bringing world-class productions to audiences across the continent, along with their Vancouver partner, KVP ENTERTAINERS.

#### Tickets:

\$99 - \$129 - \$149 - \$199 - \$249 - \$299  
\$349 - \$399 & \$499 + S.C

<https://www.vtixonline.com/Mughal-E-Azam/>



## PINNED UP

### Shah Rukh Khan, Deepika Padukone, John Abraham starrer Pathaan to release in Japan

After taking the box office by storm worldwide and crossing the Rs. 1000 crore mark, Pathaan starring Shah Rukh Khan, Deepika Padukone and John Abraham will release in cinemas in Japan on September 1, 2023. The poster for the Japanese release has been unveiled.



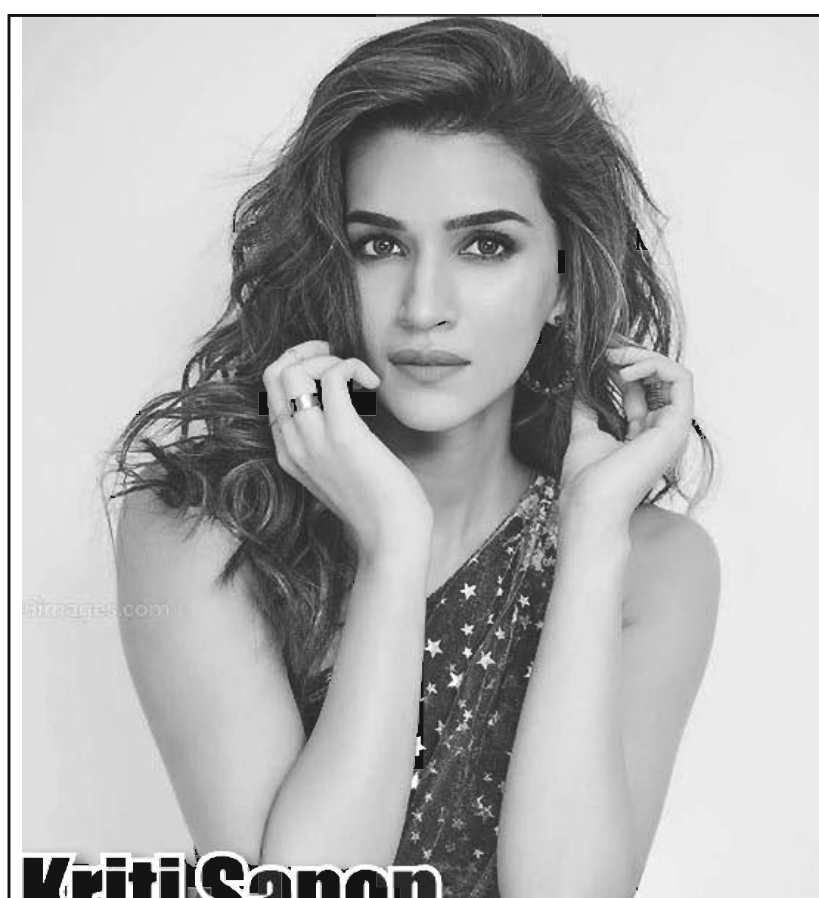
# Bollywood JOURNAL

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Last seen in Adipurush, Kriti Sanon, who started her career as a model, has some interesting projects in the pipeline. Amid her busy schedule of films, the actress took her fans by surprise by making an announcement about something new that will be unfolding in the coming half year. She is venturing into producing films and now donning the hat of a producer with her production house Blue Butterfly Films.

Taking to social media, Kriti Sanon launched Blue Butterfly Films with a video and captioned it with a note describing her journey of becoming a producer saying, "And Its time to shift the gear! I've been in this magical industry living my dreams for 9years. I've taken baby steps, learnt, evolved & grown into the actor I am today! I absolutely love every bit and aspect of filmmaking. And now, its time to do more, to be more, to learn more, to tell more stories that touch my heart and hopefully yours too. Here's to constantly evolving and finding the most beautiful version of yourself. Beyond excited to finally start BLUE BUTTERFLY FILMS with a full heart and big dreams!! Announcing something special tomorrow. Stay Tuned!" she said.

As for her professional commitments, Kriti Sanon will next be seen in Vikas Bahl's

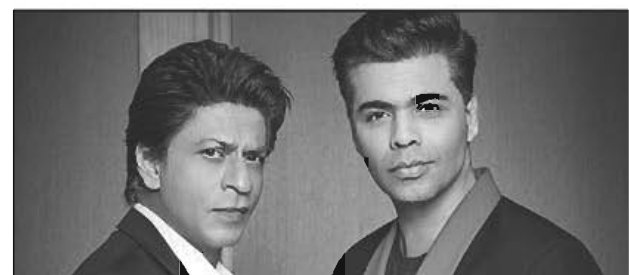


## Kriti Sanon announces her own production house

Canpath Part 1 and she will be reuniting with her first co-star Tiger Shroff. Besides that she will be seen in The Crew starring next to Karee-

na Kapoor, Tabu, Rajkummar Rao, and Diljit Dosanjh. She also has an untitled project with Shahid Kapoor in the line.

### Karan Johar rejected featuring Shah Rukh Khan In Rocky Aur Rani Kii Prem Kahaani: Report



Shah Rukh Khan and Karan Johar share a longstanding and deep friendship that has endured over a significant period of time. Throughout their association, Shah Rukh Khan has been a constant presence in nearly all of Karan Johar's directorial projects, showcasing their strong professional collaboration and personal bond. However, when it came to the film Rocky Aur Rani Kii Prem Kahaani, Shah Rukh Khan expressed his eagerness and willingness to participate in the project, offering his services to Karan Johar. Given their history of successful collaborations, it seemed natural for Shah Rukh Khan to be a part of this upcoming venture. According to a source

close to Karan Johar, who spoke to Koimoi, Karan made the decision not to include Shah Rukh Khan in Rocky Aur Rani Kii Prem Kahaani as a mere cameo. The source said, "Karan Johar just didn't want SRK to make an appearance for appearance's sake. It had to have some relevance to the plot. But this time, he just didn't fit in anywhere in the story." The source revealed that Shah Rukh Khan had extended his services to Karan Johar and said, "He reminded Karan that he is Karan's lucky mascot. But Karan reminded SRK that he did not want Shah to pop in Rocky Aur Rani Kii Prem Kahaani and vanish quickly. SRK's fans would have protested."

## Kangana Ranaut starrer Tejas to release in cinemas on October 20

From Ronnie Screwvala's production house RSVPm Tejas, featuring Kangana Ranaut in the lead role as Air Force pilot Tejas Gill, is set for theatrical release. The team behind Tejas has confirmed that the film will hit

theatres nationwide on 20th October. Tejas revolves around the extraordinary journey of Tejas Gill, an Air Force pilot, and aims to inspire and instill a deep sense of pride in the valiant soldiers who tirelessly defend

our nation, confronting numerous challenges along the way. Written and directed by Sarvesh Mewara, starring Kangana Ranaut in the titular role, the film is all set to be in cinemas on 20th October 2023.







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