

ASIAN JOURNAL

Volume: 18, Issue: 24 | Ph: 604-312-5678 | Email: connect@asianjournal.ca, www.asianjournal.ca



Prabu

www.prabufoods.com
7035 128 St #106, Surrey, BC V3W 4E1

ATTORNEY GENERAL'S, MINISTER'S STATEMENT ON THE FEDERAL SAFE SOCIAL MEDIA BILL

Niki Sharma, Attorney General, and Rick Glumac, Minister of State for AI and New Technologies, have released the following statements in response to the tabling of Bill C-34, the Safe Social Media Act, in federal Parliament:

Sharma said:

"People in B.C., especially children and young people, are being exposed to real and growing harm online. Our government has taken leadership action, including passing and strengthening the Intimate Images Protection Act, to better support people facing that harm. But as technology continues to rapidly evolve, we have been clear: A strong national safety standard is urgently needed, and self-regulation by platforms is not keeping people safe.

"The introduction of the Safe Social Media Act is a promising step toward addressing the harms enabled or amplified by social media and AI chatbot platforms and toward better protecting youth online - but we will continue to advocate for a national reporting

Federal action on protecting children online welcome, more needed



threshold.

"I'm encouraged the proposed legislation introduced includes many of the elements that I asked for in my discussions with my federal counterparts, including age-appropriate design standards or restrictions, and oversight mechanisms to ensure and enforce platform compliance.

"While I'm grateful these measures are included, I remained concerned about the timelines for implementation and it does

fall short of our government's ask for a clear national reporting threshold for platforms, particularly when it comes to identifying and reporting credible threats of violence or plans for harm. "We cannot afford to get this wrong or waste any more time. B.C. has already been the site of too many tragedies involving young children, from Tumbler Ridge to Amanda Todd, Carson Cleland and Maddy Crosswell. Their parents have turned

their grief into advocacy and have been calling for urgent action so they can help make sure no one else has to suffer what they have. "Their stories influenced our asks of the federal government, and we will be doing everything we can to ensuring their feedback is incorporated by Ottawa as we closely monitor both the legislation and the regulations that follow.

"This act needs to be passed as quickly as possible, and B.C.,

along with other provinces and territories, must have a seat at the table as the federal government works out what exactly the guidelines will be and how the new regulator will be able to enforce compliance.

"B.C. will continue to insist on clear, enforceable expectations for platforms, particularly when it comes to identifying and reporting credible threats of violence or plans for harm as may have occurred in Tumbler Ridge. We

remain committed to working alongside parents and families in B.C. to make sure their concerns and feedback are reflected in federal action.

"Technology should open doors, not put people at risk. We owe it to families, to young people and to communities across B.C. to act now to make the online world as safe as it can be."

Glumac said:

"While emerging technologies are important tools to improve the way we learn and the way we work, nothing is more important than people's safety, particularly for our young people. Responsible innovation means building technology that earns trust and is developed with safety and privacy at its core, so it supports families and communities and keeps pace with the real-world risks people are facing.

"B.C. has been clear about the need for strong national guardrails, and we're looking forward to hearing more details and working together to ensure new policies work for people in B.C."



Chal Chaliye
SABZI MANDI
Chal Chaliye ...

ਤਾਜ਼ੇ ਫਲ ਫਰੂਟ, ਤਾਜ਼ੀਆਂ ਸਬਜ਼ੀਆਂ
ਅਤੇ ਸਾਫ ਸੁਥਰੀ ਗਰੋਸਰੀ ਲਈ ਹਮੇਸ਼ਾ
ਸਬਜ਼ੀ ਮੰਡੀ ਨੂੰ ਯਾਦ ਰਖੋ

Helping Kootenay small businesses grow with digital tools

More small businesses in the Kootenays will be better connected with local tech providers that can help them operate more efficiently, thanks to provincial support for the Kootenay Association of Science and Technology's (KAST) TechEdge initiative.

"People in rural communities are working hard to build strong businesses, create jobs and support their local economies," said Ravi Kahlon, Minister of Jobs and Economic Growth. "By investing in initiatives like this, we're helping entrepreneurs and small business owners access new technology that can save time, reduce costs and connect them with more customers. Through our Look West strategy, we're supporting people to grow their businesses, create new opportunities close to home and build stronger, more resilient communities for the future."



The Province is providing approximately \$100,000 to support KAST's Tech Edge initiative, helping Kootenay businesses adopt digital and AI technologies, connect with local technology providers and build the skills needed to compete in a changing

economy. "The Kootenays already have incredible entrepreneurial talent, innovative businesses and technology expertise," said Priya Biswas, executive director, KAST. "This investment helps connect those strengths, giving businesses greater ac-

cess to local technology services, digital tools and AI solutions that support growth, competitiveness and a stronger regional economy."

Supporting businesses to grow

The initiative will pilot digital and AI busi-

ness assessments and develop the Kootenay Tech Sector Economic Development Report, helping businesses find practical solutions to improve operations, reach more customers and grow the local economy.

"Small-business owners in the Kootenays are facing challenges in a changing economy," said Keith Page, municipal director for the Regional District of Central Kootenay, and councillor for Nelson. "The productivity gains generative AI can deliver are real. I've seen it first-hand. But so are the risks of deploying it without proper understanding. This initiative does both: It opens the door to what's possible while making sure businesses know what they're getting into. This investment will deliver real, lasting benefit to businesses across the Kootenays."

This work will help small businesses adopt

digital tools that increase productivity, support innovation and create new opportunities. Together, the initiatives will help build regional capacity, strengthen business growth and support a stronger, more resilient economy that benefits everyone in the Kootenays.

Supporting economic diversification

The Rural Economic Diversification and Infrastructure Program (REDIP) supports economic diversification and resilience, strengthens economic capacity and supports economic infrastructure development in rural and Indigenous communities in B.C. Since 2022, the Province has invested \$156.5 million through REDIP, supporting 525 projects throughout B.C. and creating an estimated 7,500 jobs in rural communities.

Star on Road

DRIVING SCHOOL

Learn with Confidence. Drive with Skill.

Whether you're a first-time learner or want to polish your skills, **Star On Driving School** has got you covered!

Flexible Lesson Times - Auto Driving Lessons

ਪਹਿਲੀ ਵਾਰ ਡ੍ਰਾਈਵਿੰਗ ਸਿੱਖਣੀ ਹੋਵੇ ਜਾਂ ਆਪਣੀ ਕਾਬਲੀਅਤ ਨੂੰ ਹੋਰ ਨਿਖਾਰਣਾ ਚਾਹੁੰਦੇ ਹੋ -

Star On Driving School

ਹਮੇਸ਼ਾ ਹੈ ਤੁਹਾਡੇ ਨਾਲ!



PARMPRIT

INSTRUCTOR

604-655-0029

parmrandhawa4@gmail.com



Driving Lesson 

ASIAN JOURNAL

Volume: 18, Issue: 24 | Ph: 604-312-5678 | Friday, June 12, 2026

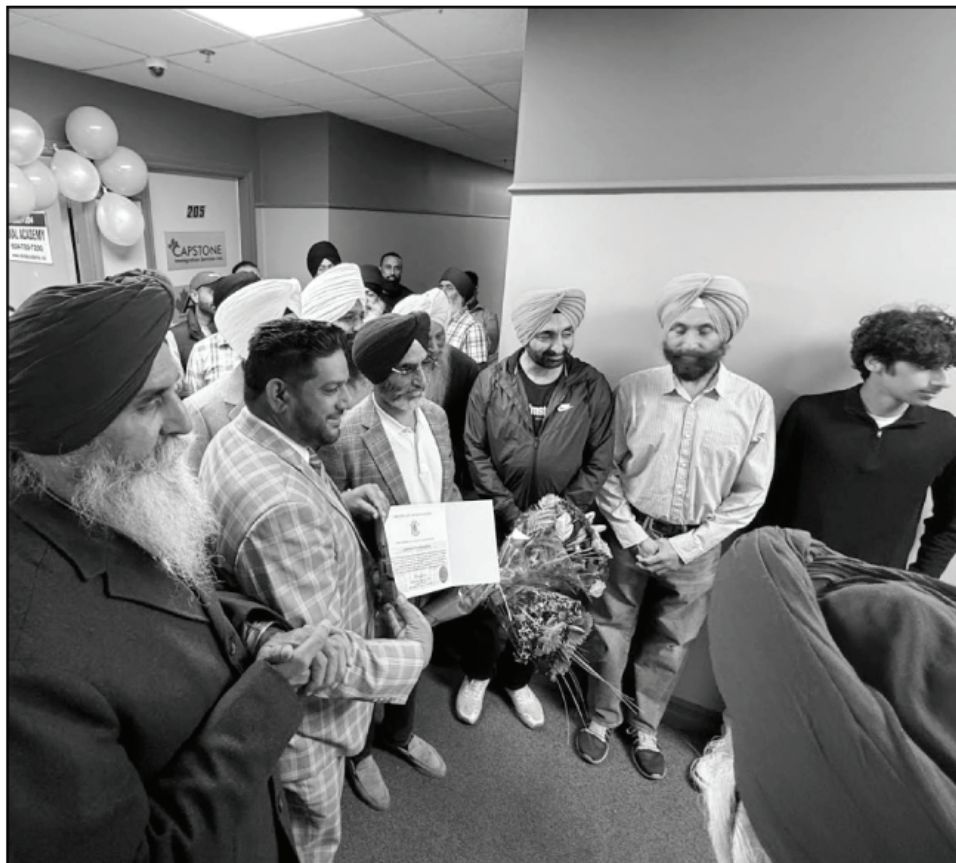
First Canadian Sikh to Conquer Mount Everest Honoured by Akal Academy

Akal Academy proudly honoured Ajaypal Singh Dhaliwal for his extraordinary achievement of becoming the first Canadian Sikh to successfully summit Mount Everest.

His remarkable accomplishment stands as a testament to courage, perseverance, discipline, and an unwavering commitment to excellence. Despite encountering life-threatening challenges during his descent from the world's highest peak, Dhaliwal displayed exceptional resilience and determination, emerging as an inspiration for Sikhs and communities across the globe.

The academy recognized his historic feat as a moment of immense pride for the global Sikh community. His journey serves as a powerful reminder that with dedication, faith, and hard work, even the most ambitious dreams can be achieved.

Students and faculty members applauded his achievement, highlighting the values of perseverance and excellence that his success represents. His inspiring story is expected to motivate young minds to pursue their goals fearlessly and strive for greatness in every field of life.



Introducing new secondary school addition in Nanaimo

As Nanaimo continues to grow, students and families will soon have access to 150 new student seats with the completion of a new addition at Wellington Secondary.

"Families in Nanaimo-Lantzville want to know their children can attend a great school close to home," said George Anderson, MLA for Nanaimo-Lantzville. "This new addition at Wellington Secondary means more students will be able to learn, grow and build friendships in their own community. It's an investment in local families and in the future of a neighbourhood that continues to thrive."

Features of the addition

The new addition includes:

six classrooms, which add a total of 150 new seats to help address enrolment growth modern learning environments designed to support collaboration, flexibility and



student engagement energy-efficient building systems that create a bright and comfortable space for students to learn throughout the year flex spaces elevator for accessibility

covered breezeway to the main school "Strong communities are built with thoughtful planning," said Bowinn Ma, Minister of Infrastructure. "This expansion at Wellington Secondary will give more students

an accessible, welcoming new space that supports modern learning approaches and helps them thrive in their own ways." Supporting students in Nanaimo

The Province invested \$9 million in the addition, which will open for Nanaimo students in September 2026.

Since 2017, the Province has committed more than \$106 million to create 1,035 new seats and 890 seismically safer seats

for students in the Nanaimo-Ladysmith School District. These include:

new addition opened at Dover Bay Secondary (January 2023) and École Hammond Bay Elementary (June 2023)

new addition at Chase River Elementary, anticipated to be complete in summer 2026

seismic upgrades at Cilaire and Pleasant Valley elementary schools (opened in 2022)

new addition at La-

dysmith Primary that was recently approved and is anticipated to be complete in fall 2027

replacement of Ladysmith Intermediate at an expanded capacity was recently approved and is anticipated to be complete in fall 2028

"This six-classroom addition will give current and future Wellington students more room to learn and reflects our district's ongoing commitment to supporting vibrant, inclusive

schools where students are supported and feel they can belong, grow and thrive," said Leanne Lee, chair, Nanaimo Ladysmith Public Schools. "We are grateful to the Province for supporting this important project and to our facilities team, school team and everyone who helped bring this project to life for the benefit of our entire community."

Creating more student spaces throughout B.C.

Since 2017, the Province has approved more than \$7 billion to build and upgrade schools in B.C.

These investments will create more than 47,000 new student seats and more than 39,000 seismically safer seats.

As the province grows, the B.C. government remains committed to working with school districts and municipalities to provide all students with safe, modern and inspiring places to learn.

www.PrabuSweets.com

100% PURE VEGETARIAN

The Name You Can Trust...

Prabu

SWEETS

www.PrabuSweets.com

100% PURE VEGETARIAN

TRADITIONAL INDIAN SWEETS & TAKE OUT

#106, 7035-128 St. Surrey, (Kwantlen Plaza) 604-596-1308

Continuing to strengthen BC Sheriff Service with new sheriffs

Seventeen new sheriffs graduated from the Justice Institute of British Columbia (JIBC) on Monday, June 8, 2026, helping keep people safe in B.C. courthouses and supporting a fully staffed BC Sheriff Service following sustained provincial recruitment and retention efforts.

“When people walk into a B.C. courtroom, they are often having one of the hardest days of their lives and deserve to feel safe,” said Niki Sharma, Attorney General. “These 17 new sheriffs will help make sure they do. These new graduates are joining a fully staffed BC Sheriff Service, built through years of focused recruitment and retention work, and I thank them for their commitment to helping safeguard courthouses across the province.”

The new sheriffs will



begin work in July 2026 at courthouses in the Lower Mainland, Nanaimo, Williams Lake, Cranbrook and the South Okanagan Escort Centre. Sheriffs are highly trained peace officers who help ensure B.C.’s 90 court locations operate safely and in a timely manner. Their work supports the judiciary, Crown and defence counsel, court

staff and members of the public who interact with the justice system every day.

Core sheriff responsibilities include: protecting court participants transporting people in custody providing security for judges, Crown counsel, defence counsel and staff supporting jury ad-

ministration carrying out enforcement duties essential to the justice system The graduates completed rigorous academic, physical and scenario-based training at JIBC, and will continue with field training alongside experienced sheriffs before full deployment in July 2026.

“I am proud to welcome 17 new depu-

ty sheriffs to the BC Sheriff Service,” said Roger Phillips, chief sheriff and executive director, BC Sheriff Service. “These graduates have worked incredibly hard to complete a demanding training program. I look forward to seeing them put their skills to work in courthouses across British Columbia.”

Fully staffed sheriff service

The BC Sheriff Service has reached full staffing levels following provincial efforts to recruit and retain sheriffs, such as:

improved pay and benefits

retention incentives a provincially led marketing strategy to raise awareness of career opportunities to reach bilingual people, women and people who have other law enforcement or military background The efforts have led to a 7% increase in fully trained sheriffs as of April 2026, compared to the same time in 2025.

The Province will continue to invest in the recruitment, retention and training of sheriffs to strengthen the court system and ensure people can access safe, timely justice services throughout British Columbia.

Learn the signs of stroke

- F**ace is it drooping?
- A**rms can you raise both?
- S**peech is it slurred or jumbled?
- T**ime to call 9-1-1 right away.

Act **F A S T**. Lifesaving treatment begins the second you call 9-1-1.

heartandstroke.ca/punjabi



© Heart and Stroke Foundation of Canada, 2022 | * The heart and / icon on its own and the heart and / icon followed by another icon or words are trademarks of the Heart and Stroke Foundation of Canada.

ਸਟ੍ਰੋਕ ਦੇ ਸੰਕੇਤਾਂ ਨੂੰ ਜਾਣੋ

- F**ace ਚਿਹਰਾ: ਕੀ ਚਿਹਰਾ ਹੇਠਾਂ ਨੂੰ ਢਿਲਕ ਰਿਹਾ ਹੈ?
- A**rms ਬਾਹਵਾਂ: ਕੀ ਤੁਸੀਂ ਆਪਣੀਆਂ ਬਾਹਵਾਂ ਉੱਪਰ ਨੂੰ ਚੁੱਕ ਸਕਦੇ ਹੋ?
- S**peech ਗੱਲ-ਬਾਤ: ਕੀ ਤੁਹਾਡੀ ਗੱਲ-ਬਾਤ ਅਸਪਸ਼ਟ ਹੋ ਰਹੀ ਹੈ?
- T**ime ਸਮੇਂ: ਸਮੇਂ ਦੀ ਅਹਿਮੀਅਤ ਸਮਝੋ - ਬਟਪਟ 9-1-1 'ਤੇ ਫੋਨ ਕਰੋ।

F A S T ਕਿਰਿਆ ਕਰੋ। ਜੀਵਨ ਨੂੰ ਬਚਾਉਣ ਵਾਲਾ ਇਲਾਜ ਤੁਹਾਡੇ ਦੁਆਰਾ 9-1-1 ਤੇ ਕਾਲ ਕਰਨ ਦੇ ਸਕਿੰਟ ਨਾਲ ਸ਼ੁਰੂ ਹੁੰਦਾ ਹੈ।

heartandstroke.ca/punjabi



© Heart and Stroke Foundation of Canada, 2022 | * The heart and / icon on its own and the heart and / icon followed by another icon or words are trademarks of the Heart and Stroke Foundation of Canada.



**WESTERN
COMMUNITY
COLLEGE**

HEALTH CARE ASSISTANT

PROGRAM

Become a *Healthcare* hero

Graduate In Under **6 Months** with an
average hourly wage of **\$27/hr***

START YOUR **HCA JOURNEY**

The Health Care Assistant Program is designed to provide students with opportunities to develop the knowledge, skills, and attitudes necessary to function effectively as front-line caregivers and members of the healthcare team.



**MORNING | EVENING
SCHEDULES**



**FINANCIAL AID
AVAILABLE**

97%

**GRADUATE
EMPLOYMENT RATE**

\$27*

**HOURLY WAGE
AVERAGE**



SURREY | ABBOTSFORD



604.594.3500

WCC.CA/HCA

Pure for Sure



www.prabufoods.com

7035 128 St #106, Surrey, BC V3W 4E1



Bringing safer, faster travel to the Fraser Valley through new rail overpass

A major bottleneck on Highway 1 is being transformed to help people spend less time in traffic and more time getting where they need to go, as the Province moves ahead with replacing the CPKC rail overpass near Langley in the Fraser Valley.

The Province has awarded a contract valued at \$74.2 million to B.C.-based Norland Kingston General Partnership to replace the existing rail-overpass structure between 216th Street and 264th Street as part of the Fraser Valley Highway 1 Corridor Improvement Program, widening Highway 1, facilitating efficient goods movement, and improving safety and reliability for the region.

The new overpass will have increased height clearance for commercial vehicles, with clearance of 5.2 metres, up from the current 4.4 metres, and allow for additional lanes on Highway 1, including new HOV lanes in each direction. The lo-



cation has been the site of previous overpass crashes, and the new height clearance will improve safety and reduce the likelihood of damage to the structure.

Construction on the overpass replacement is expected to begin in summer 2026. Once completed, the improvements through this section of the corridor will help people move more efficiently through one of the busiest transportation routes in British Columbia.

Building a stron-

ger Highway 1 corridor

The Fraser Valley Highway 1 Corridor Improvement Program is delivering long-term transportation improvements to support growing communities, strengthen goods movement, and improve safety and reliability throughout the region.

The replacement of the CPKC rail overpass is part of the planned Phase 2 improvements between 216th Street and 264th Street, which represents

a combined investment of approximately \$480 million from the Government of Canada and the Province of British Columbia.

Benefits of the project include:

reduced congestion and improved travel-time reliability
safer highway travel for people moving through the corridor

improved movement of goods and commercial traffic
new HOV lanes in each direction to support more efficient travel options

enhanced highway infrastructure to support growth in the Fraser Valley
Drivers are reminded to obey all construction signage, watch for roadside workers and check DriveBC for the latest traffic information: <https://www.DriveBC.ca>.

Quick Facts:

Funding from the Government of Canada comes through the New Building Canada Fund. Through the fund, North Surrey truck parking project was allotted \$11

million, and Phase 2 of the corridor improvement project was allotted \$98 million.

The Province has invested \$383 million toward Phase 2 of the corridor improvement project. Norland Kingston General Partnership is a joint venture between Norland Limited, headquartered in Burnaby, and Kingston Construction Ltd., headquartered in Surrey.

SA

MEDIA GROUP

Asian Journal

DELTA OFFICE:

#3 7953 120 St. Delta BC., V4C 6P6

Ph : 604-312-5678

EMAIL:

punjabijournal@gmail.com, connect@asianjournal.ca

RETURN UNDELIVERABLE TO

CIRCULATION WING

SA MEDIA GROUP

14308 62nd Ave.,

Surrey BC, V3S 0K5 PUBLICATION MAIL

Contract/Agreement

is 41798524

1520799 BC Ltd

SA Media Group

(Punjabi Journal)

is not responsible or legally liable for any matter or typing mistake.

The publisher does not guarantee the insertion of any particular advertisement on a specified date, or at all.

Further, the publisher does not accept liability for printing and beyond the amount for the space actually occupied by that portion of the advertisement in which error occurs. The publisher reserves the right to cancel any contact at any time.

ਪੰਜਾਬੀ ਜਰਨਲ ਵਿਚ ਛਪੇ
ਮੈਟਰ ਨਾਲ ਇਸ ਅਦਾਰੇ ਦਾ ਸਹਿਮਤ
ਹੋਣਾ ਜ਼ਰੂਰੀ ਨਹੀਂ ਹੈ।

By Alan Samuel
GINEMA SCENE

(G) * * * *

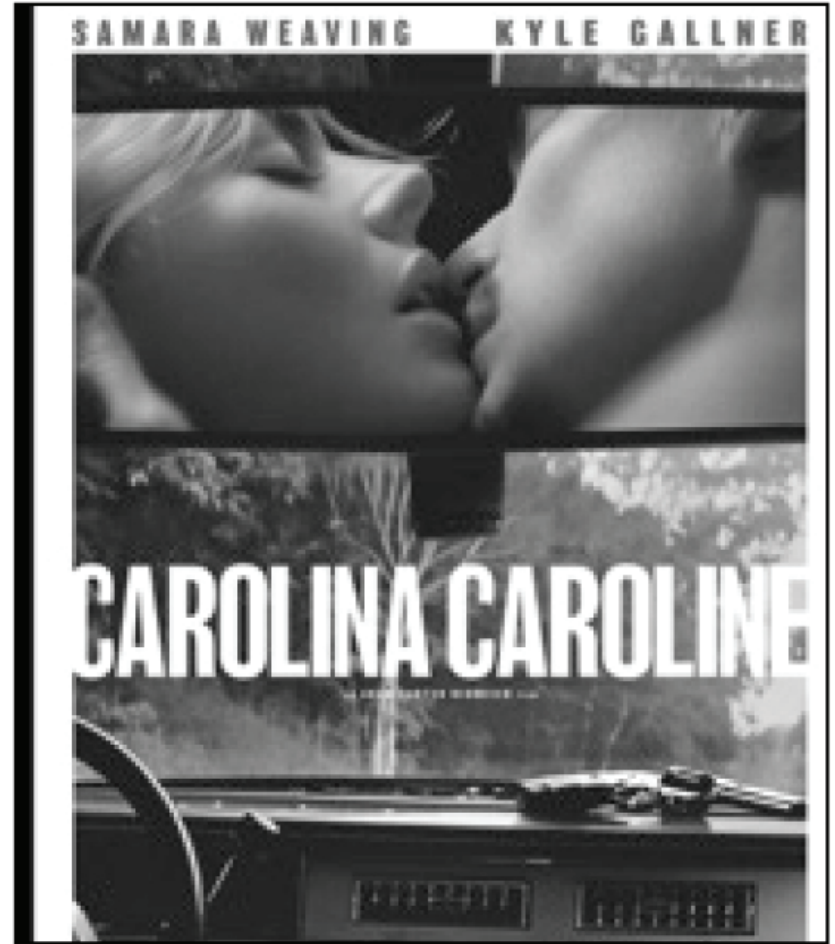
Crime Pays!

Crime Pays! How many times have you heard that slogan? Well, maybe not so fast. Sparkling performances turn what could have been just a so so ho hum movie into a bonafide winner. Check out this sexy thriller thanks to Route 504 PR at Cineplex Cinemas and Landmark Theatres across B.C. Smart and sexy. Three words that fully describe the goings on in Carolina Caroline. Chance encounters can be oh so sexy - and deadly. With a nod to the themes present in the late 1960s classic Bonnie and Clyde comes this small film with heart. Small town people usually yearn for escape. Such is the case for daddy's girl

Caroline Daniels. Sultry Australian actress Samara Weaving (Babylon) perfectly portrays Southern Belle Caroline who just yearns for excitement - and oozes sensuality. Now that's quite the combination just ready to be unleashed. When travelling man Oliver Anderson comes a calling he kind of "connects" with Caroline. Able to rise to the occasion as a caring, charismatic con artist Kyle Galler (Red Eye) turns up the heat and puts all that charm to good use - refining your low life petty crimes to an even higher art form - robbing banks. Together these two star-crossed lovers turn up the heat and "bond" between the sheets leaving a not so

clear path of destruction in their wake. Now on the FBI's most wanted list it's fun to watch just how these two manage to elude the law. In this delightful Robin Hood like yarn. Check out this fun crime spree full of hot romance delightfully presented by director Adam Rehmeier.

Carolina Caroline



HRITHIK ROSHAN TO REPLACE SHAH RUKH KHAN IN JAILER 2 CAMEO?

Fresh speculation has emerged around Rajinikanth's highly anticipated film Jailer 2. According to the latest reports, Hrithik Roshan has reportedly come on board for a pivotal cameo role that was earlier linked to Shah Rukh Khan. A few months ago, reports suggested that Shah Rukh Khan would make a special appearance in the sequel. The actor was reportedly set to feature in a high-octane five-day cameo. However, later reports claimed that Shah Rukh had stepped away from the project due to scheduling priorities. At the time, it was reported that the

superstar was enthusiastic about the role but chose to focus on King, which holds special significance as it marks the big-screen debut of his daughter, Suhana Khan. Now, a new report by Hindustan Times suggests that Hrithik Roshan has been brought in for the special appearance. A source told the publication, "Hrithik is definitely doing a strong cameo in Jailer 2. He plays the role of Rajini sir's friend who comes into the storyline to help in time of crises. Hrithik will be shooting his part this month."



KATRINA KAIF TO RETURN TO FILMS WITH CHANDNI BAR 2 AFTER MATERNITY BREAK?

Katrina Kaif may soon be returning to the big screen if recent reports are to be believed. While the actress has been away from films for some time, fresh industry buzz suggests that she could be part of Chandni Bar 2, the sequel to the acclaimed 2001 film Chandni Bar. Katrina's last theatrical release was Merry Christmas, which hit cinemas

in December 2024. Despite her limited screen appearances in recent years, the actress continues to enjoy strong popularity among audiences. According to Ormax Media's Stars India Loves data for 2025, she remained among the Top 5 female Hindi film stars, alongside Alia Bhatt, Deepika Padukone, Shradha Kapoor and Kriti Sanon.



AUTO TRENDS

Friday, June 12, 2026

Ph.: 604-312-5678

Fax : 1-855-796-334

2026 Ford Explorer Tremor: 400 Horsepower Beast!

Auto review by Veeno Dewan

For 2026, the Ford Explorer has new re-named models, with entry Active, ST-Line, the Platinum, ST version and the new Tremor Edition as tested. The Tremor trim line is off-road orientated, differentiated by the off-road tuned suspension features unique springs and sway bars, there's a Torsen limited slip differential for improved traction on rough terrain, and the one-inch increased ride height improves approach and departure angles. The Tremor also comes standard with proper all-terrain tires, two front and rear skid plates for underbody protection, and front recovery hooks. The rear axle gets a limited-slip differential. With proper trailer hitch you can tow up to with 5,000-lb. The Tremor is also distinguished with "Electric Orange" accented highlight inside and out. The wheels have a single Electric Orange painted pocket which looks pretty cool. High-intensity LED off-road lights sit within a more aggressive grille design, and there is more Electric Spice accents used on the recovery hooks, grille trim, and interior details and stitching.

In terms of power trains, the engine lineup comprises the standard Ford 2.3L EcoBoost turbo-four



unit with a creditable 300 horsepower and 310 pound-feet of torque. The standard engine in the Tremor version as tested is an upgraded 3.0L twin-turbo V6 with an impressive 400 hp, and a ground-pounding 415 lb-ft of torque. It is the same engine as used in the high performance ST model. The standard transmission is a 10-speed automatic unit transmitting power to all four wheels. The interior borrows

heavily from the updated 2026 Explorer cabin, including the large horizontal display, upgraded materials, and cleaner design. Tremor gets more Electric Orange embroidered headrests, contrast stitching, and subtle trim differences that separate it from ST and Platinum. On the road, The Explorer proved to be a competent, composed driver on the highway and has a tight turning radius for easy steering

in urban areas. The Explorer Tremor's suspension is tuned for off-road use, retaining a comfortable ride and good control of body motions. Light trails are easy to navigate with proper Off Road tires adding to the rough terrain capability and to help things along in the sticky stuff. There are additional driving modes for: Slippery, Deep Snow, Sand, and Trail. Official fuel. Canada Energuide

economy. Is rated at 10.4, combined 11.9. City A .27. Highway. (L/100KM.) Downsides are few, the cramped third row seats are for kids only. Plus you only gain an extra inch of ground clearance which limits more serious off-roading endeavours. Otherwise, the Explorer Tremor is an impressive SUV with a powerful engine, good ride and comfort, a luxury cabin. The Tremor certainly does look and

is a competent mild off-roader in its current form. I recommend the Tremor package as a smart, capable SUV for outdoorsy folk everywhere. It builds on the refined, well-proven Ford Explorer series and is a welcome addition to the range. 2026 Ford Explorer Tremor: Price as tested with options destination and delivery: \$64,630. More info at www.ford.ca



From Concept to Completion



- *Vehicle Wraps*
- *Business Cards*
- *Signs & Posters*
- *Wide Format Printing*
- *Banners & Truck Signs*
- *Invoices & Logo Sheets*
- *Logo Design & Real Estate Signs*
- *Channel Letters & Light Boxes & More*

604-599-4221

Email: info@jassalsigns.com

Surrey

#101 - 7728 128 St,
Surrey

Cloverdale

#101- 6592 176 St,
Cloverdale

WWW.JASSALSIGNS.COM

SUMMER GETAWAY DRAW!

NO PURCHASE NECESSARY!

ENTER TODAY • WIN ALL SUMMER LONG!

PLUS WEEKLY PRIZE DRAWS!

HAWKINS
PRESSURE COOKER

SMALL
APPLIANCES

CROCKERY
SETS

GIFT
BASKETS

• Must be 19 years of age or older to enter.
• Winner will receive one (1) round-trip airfare ticket to a single destination.
• Maximum prize value: CAD \$5,000.

Visit in store for more details

HOT PRICE

FRESH
SPINACH
ਪਾਲਕ
Bunch

1.29

ea

HOT PRICE

RUSSET
POTATOES
ਆਲੂ
10lb

2.99

ea

HOT PRICE

FRESH
LYCHEE
ਲੀਚੀ

2.99

/lb

HOT PRICE

ROMA
TOMATOES
ਰੋਮਾ ਟਮੱਟਰ

1.49

/lb

BRITANNIA
CAKE RUSK
ਬਰਿਟਾਨੀਆ ਕੇਕਰੱਸਕ

550g

3.99

ea

PUNJABI BY NATURE
LAICHI RUSK
ਪੰਜਾਬੀ ਬਾਈ ਨੇਚਰ
ਇਲਾਈਚੀ ਰੱਸਕ

600g

3.99

ea

IZU'S
AMRITSARI-PANEER
ਇਚੁਜ਼ ਅਮਰਿਤਸਰੀ
ਪਨੀਰ

250g

5.99

ea

PUNJABI BY NATURE
CHOPPED SPINACH
ਪੰਜਾਬੀ ਬਾਈ ਨੇਚਰ
ਸਾਗ

825g

3.99

ea

DELHI DARBAR
PHOOL MAKHANA
ਦਿੱਲੀ ਦਰਬਾਰ ਫੂਲ
ਮਕਾਣਾ

70g, Asst.

3.99

ea

UNBEATABLE DEAL

LEHAR
BHUJIA

ਲੇਹਰ ਭੁਜੀਆ

Asst., 110g

98¢

ea

JUMBO
CARROTS
ਝੱਡੀਆਂ ਗਾਜਰਾਂ

49¢

/lb

FRESH
GINGER
ਅੰਦਰਕ

99¢

/lb

AMBROSIA
APPLES
ਅੰਬਰੋਜ਼ਾ ਸੇਬ

1.29

/lb

LARGE
ORANGES
ਵੱਡੇ ਸੰਗਤਰੇ

99¢

/lb

PEELED
GARLIC
ਲਸਣ

5lb Jar

8.99

ea

VIDHYA
PUNJABI BISCUITS
ਵਿਧਯਾ ਪੰਜਾਬੀ ਬਿਸਕੁਟ

2.2lb

5.99

ea

MANGO DRINK
FROOTI
ਫਰੂਟੀ

1L

1.49

ea

BAAZ
DURAM ATTA
ਬਾਜ਼ ਦੁਰਮ ਆਟਾ

20lb

11.99

ea

NPS #1
ALMONDS
ਬਦਾਮ

5.99

/lb

DAAWAT
BASMATI RICE
ਦਾਵਤ ਬਾਸਮਤੀ ਚਾਵਲ

4kg

9.99

ea

PUNJABI BY NATURE
MUSTARD OIL
ਪੰਜਾਬੀ ਬਾਈ ਨੇਚਰ
ਸਰੋਂ ਦਾ ਤੇਲ

5L

21.99

ea

PUNJABI BY NATURE
MANGO BURFI
ਪੰਜਾਬੀ ਬਾਈ ਨੇਚਰ
ਮੈਂਗੋ ਬੱਰਫੀ

150g

2.99

ea

FRESH
CILANTRO
ਧਨੀਆਂ

Bunch

1.29

for 2

JUMBO
CAULIFLOWER
ਝੱਡੀ ਗੋਝੀ

2.99

ea

PROUDLY CANADIAN • PROUDLY PUNJABI!

Western Union

Western Union Money Transfers and Calling Cards available at all locations. 24 hour rate info line: 604-634-2400

American Express accepted at three locations.
Prices in effect while quantities last and are subject to change without notice. We reserve the right to limit quantities. Photos are for illustrative purposes only and may not depict actual sale items.

SALE DATES:

Fri. June 12, 2026 -
Wed. June 17, 2026

U-HAUL®

*At participating locations only.

STORES OPEN 7 DAYS A WEEK

Visit one of our great locations so we can serve you today!

You can also visit us online at www.sabzimandicanada.com

NEWTON STORE: #106 - 12568 72nd Ave., Surrey	604-590-2400	BURNABY: 7565 6th Street, Burnaby	604-553-6603
NEWTON 80th AVENUE: 13208 80th Ave., Surrey	778-565-7880	RICHMOND: 9371 No 5 Rd, Richmond	604-285-2400
NEWTON EXCHANGE: 101-13753 72 Ave., Surrey	604-581-2400	NEWTON 64 AVE: 140- 6350 120 st, Surrey	778-565-1266
NEWTON EAST: 15299 68th Ave., Surrey	604-598-8006	LANGLEY: #50 - 20150 Langley Bypass, Langley	604-427-3912
ABBOTSFORD: 31831 S. Fraser Way, Abbotsford	604-864-9193	ABBOTSFORD: 2777 Gladwin Road, Abbotsford	604-744-2077

Prices in effect at the above listed store locations only.